

# Army Community Service



**Army Emergency Relief (AER):** Provides assistance for unexpected and financial stress to include: travel; housing; car repair; utilities; medical expenses; funeral costs and disaster relief. AER is offered as part of the continuum of services in Financial Readiness.

**Couples Communication:** Designed to help couples identify the risk factors they might be facing and to learn tools to help them communicate more effectively--and without fighting! It teaches couples to act on the commitment that they have in their marriage and build on their strengths so they can enjoy a more fulfilling and loving relationship.

**Financial Readiness:** Provides comprehensive educational and counseling programs in personal financial readiness. The program covers indebtedness, consumer advocacy and protection, money management, credit, financial planning, insurance and consumer issues. Other services offered are mandatory financial readiness training for first-termers, and financial counseling for deployed Soldiers and their Families.

**Information and Referral:** Strives to provide Soldiers and Families with timely, comprehensive information on both military and community resources that will assist in meeting basic needs and improve quality of life.

**Military Family Life Consultants (MFLC):** A key Outreach Service to Soldiers and Families. Enhanced community Family support services by offering licensed clinical social workers and psychologists to address various issues that Soldiers and Families face before and after deployment.

**Mobilization and Deployment Readiness:** Includes program and support activities designed to assist leaders at all levels and Soldiers and their Families to successfully manage the challenges of mobilization and deployments before, during and after they occur.

**Outreach Services:** The primary focus of outreach will be to deliver services to the following populations: geographically or socially isolated Families identified as needing specific outreach services; first-term Soldiers and Families; geographically separated Families; newly arrived Soldiers and Families in the community; single-parent Families, and other Soldiers and Families identified by a needs assessment.

**Soldier Family Assistance Center (SFAC):** Specialized services to support the needs of Warriors in Transition (WT) and their Families. The SFAC provides a warm, relaxed environment where Soldiers and their Families can gather to foster physical, spiritual and mental healing. These centers provide traditional ACS services tailored to the needs of WTs and their Families as well as transition services, child care, educational counseling, military personnel and alcohol and drug services coordination to support WTs and their Family members as they transition back to duty or to the civilian life.

**Stress Management:** Learn the early warning signs of stress and then the coping strategies and techniques. Learn about the physical, emotional and mental symptoms of stress and develop your own action plan to combat the stressors you may have.

## After Deployment Services



**Child Behavior Specialist:** Professionals available to help with behavior or reintegration issues

**Deployment Support Special Openings:** Free childcare opportunities during mandatory briefings/meetings, free hourly respite care and reduced fees for eligible families

## Child, Youth & School Services

### CYSS Central Registration

Main Post, Bldg 244, DSN-6656  
Rose Barracks, Bldg. 224, DSN 476-2760