



Community Seasonal Safety Tips



GRAFENWOEHR GARRISON
INSTALLATION SAFETY
BLDG 539 East Camp
475-7734
BLDG 710 South Camp





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AGGRESSIVE DRIVING

- ***Aggressive tailgating***
- ***Lights flashed at them because the other motorist was annoyed***
- ***Aggressive or rude gestures***
- ***Deliberately obstructed or prevented from moving their vehicle***
- ***Verbal abuse***
- ***Physically assaulted***



ANIMALS



February – July are high density periods for animals in forested areas.

Don't swerve to avoid an animal strike because hitting an oncoming vehicle or 10 inch pine tree will hurt and cost much more....



Accidents Involving Animals

IF YOU HIT A WILD PIG, DEER, OR OTHER ANIMAL WHILE DRIVING YOU MUST REPORT IT :



- ✓ Where it happened
- ✓ Type of animal hit
- ✓ Was it killed or injured
- ✓ If it ran off, in what direction



Get this information to the nearest Police (112) (Military or German)

It is the law!

GERMAN DRINKING LIMITS

0.05 - 0.08% BAC = DUI

500.00 Euro Fine

30 day license suspension

0.08% and above = DUI

750.00 Euro fine or more

loss of license

Jail time

0.03 + accident = Loss of license



**0.00 BAC for Drivers
Under 21 Year Old**

Inattentive driving accidents are the **most reported** and **costly** accidents occurring in this community(Policy Letter #32)

- Cell Phone Use
- Texting while driving
- Adjusting radios etc
- Back Seat distractions
- Improper backing (not clearing the rear of vehicle before movement)



MOTORCYCLES

- **Will Wear** — Helmet, Full-fingered gloves, High-visibility garments, Leather boots or over-the-ankle shoes, Long-sleeved shirt or jacket, Trousers.
- **USAREUR Licensing** — only if licensed stateside
- **German Licensing**
 - 6 – 10 weeks
 - 1,000.00 Euro
- **MSF Training**
- **Contact USAG Grafenwoehr Safety** – 475-7734



The following clothing will be worn (AE Reg. 190-1):





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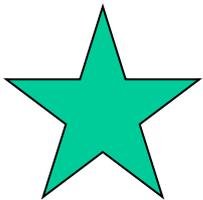


Bicycle Riding Safety



Always wear a helmet and reflector belts and
NEVER use head phones while ridding
(AR 385-10)

- Check for CPSC (post-'99) or Snell/ANSI Approval sticker
- Ensure it is properly fitted
- Check the shell for cracks
- Avoid storing it in high heat areas
Replace it following a crash



Recommend that kids bikes that are lower to the ground be equipped with a flag so that they can be seen when driving along roads.



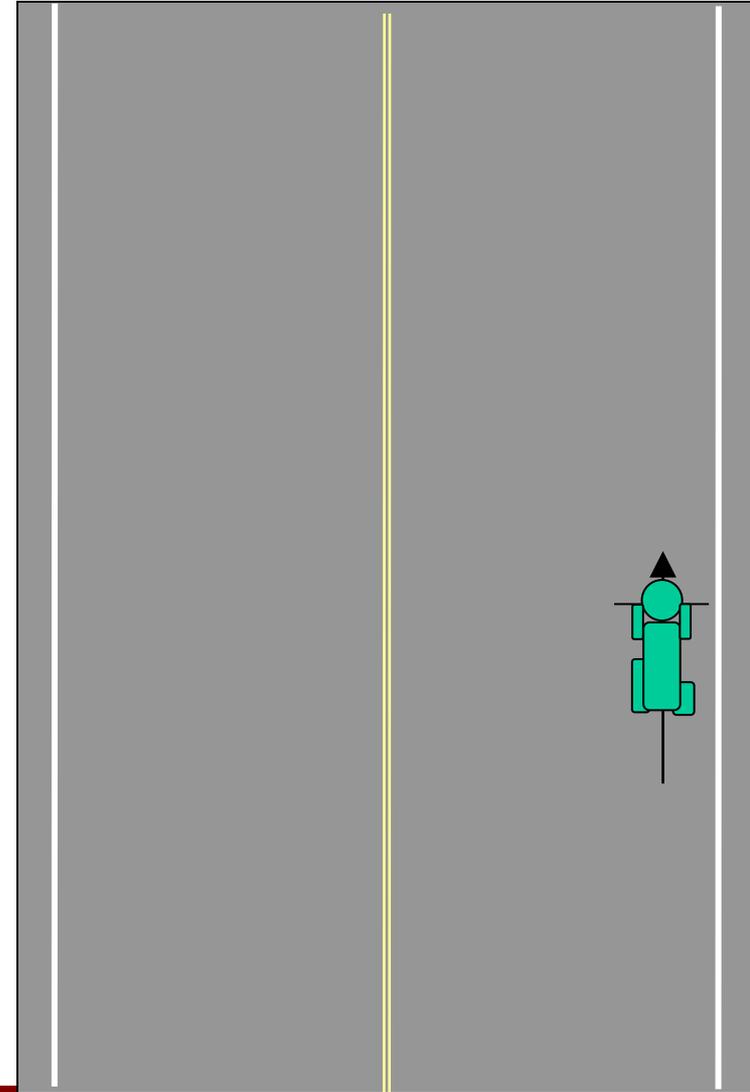


Riding on the Road



Stay as far to the right as SAFELY possible
What impacts “safe”?

- Parked cars
- Availability of a bike lane
- Width of shoulder
- Trash & debris on the road
- Traffic flow
- Traffic signals
- Do not ride in the left lane
- Do not ride against traffic
 - Apply common sense





Riding on the Road- Low-light riding



Riding in low-light conditions is more dangerous- take precautions to minimize the risks

If riding at night, German Law Requires

On the back: *Red taillight and reflector*

LED lights provide excellent visibility

Useful in any low-light conditions

Dusk, Dawn, Rain, Fog, or Night

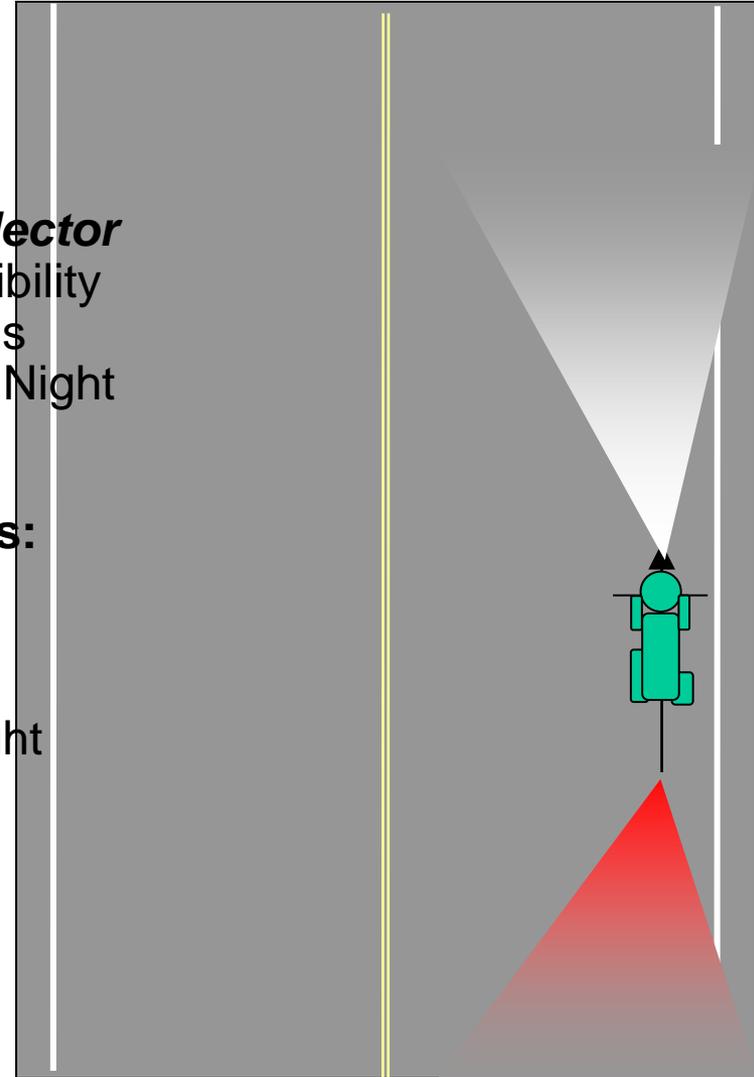
Up front: *White headlight*

Common sense mandates:

Clothing Color

Use light colors for low-light conditions

Consider reflective fabric at night



Barbecue Grill Safety and Home Cooking Tips

When using barbeque grills:

- ✓ Read instructions first.
- ✓ Never use any grill indoors or on balconies.
- ✓ Cook away from children's play areas and areas of heavy traffic.
- ✓ Use a fat dripping pan.
- ✓ Cool down the grill completely prior storage.
- ✓ Properly store propane tanks.



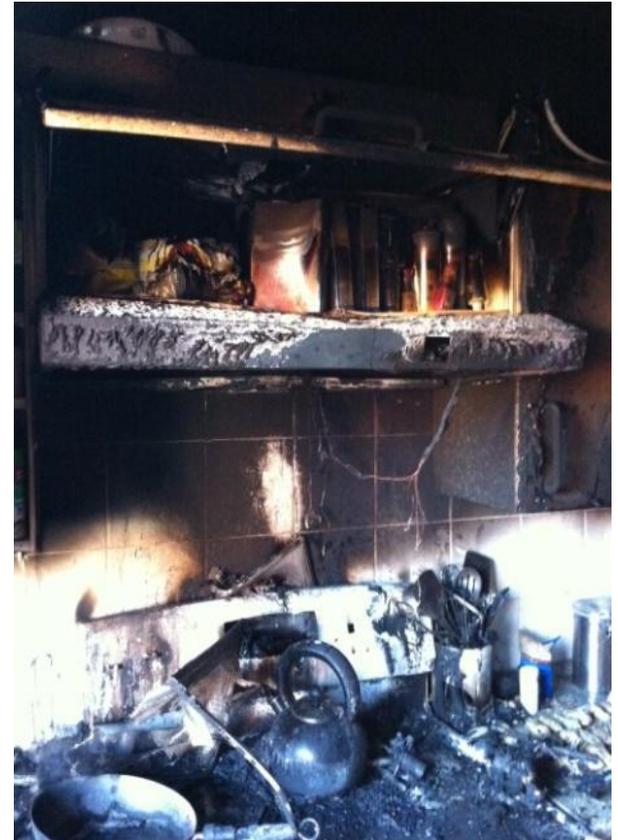
Have a **FIRE EXTINGUISHER** available!

Barbecue Grill Safety and Home Cooking Tips Continued

Local US military home fire cooking

Facts:

- 10 cooking related fires in the last 18 months
- 100% of those fires involved grease and unattended stoves
- 50% occurred from the hours of 1600-1800
- Estimated cost of fire damage \$50,000.00



YARD WORK SAFETY

- *Read the operator's manual before using any power equipment.*
- Follow safety instructions.
- Handle gas carefully.
- Dress properly
- The most **common** injuries are from **debris flying** while mowing
- Wear eye protection to prevent injury from projectiles.
- Wear hearing protection
- Always start up the mower outdoors.
- Do not use alcohol, other controlled substances that impair judgment when using outdoor power equipment



WATER AND SWIMMING SAFETY

- Only swim in authorized swimming areas
- Swim with a buddy
- Only swim within your ability
- Never swim and drink
- Local outdoor swimming areas are often murky and dark hiding possible objects that can cause injury when diving or wadding.
- Water temperatures are often colder in Germany which can contribute to swimmer fatigue.



WATER AND SWIMMING SAFETY WHEN TRAVELING TO OTHER EUROPEAN LOCATIONS



- Ripe tides

- Under tows

- Aquatic wild life

- Kite/ wind surfers

- High altitude swimming

- Variance in Beach/ swimming reporting conditions



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MAKE SURE YOUR TRAMPOLINE IS IAW THE HOUSING SOP PAGE 22

Here are some rules for using the trampoline.

- Don't allow more than one person on the trampoline at any time. Collisions injure more people on trampolines than anything else.
- Don't jump off the trampoline to the ground. Always dismount properly in a controlled manner to avoid injury.
- Learn how to land properly. Landing at an odd angle can injure a person's neck, back or extremities.
- Control your jump... don't bounce out of control. Know where you are going, and don't go too high... especially if you are new to the trampoline.
- Don't use the trampoline if you are tired, under the influence of alcohol or drugs, whether they are illegal or prescription. These situations will affect your judgment, and may cause you to get injured.
- Unless you are trained to do so, do not try to perform tricks on your trampoline. Twists, somersaults and other stunts will result in more accidents than not when attempted by untrained people



GOOD



BAD

**DON'T HAVE LADDERS OR STEPS AROUND TRAMPOLINE THAT
COULD BE USED BY CHILDREN TO YOUNG TO SAFELY USE THE
TRAMPOLINE**



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MAKE SURE YOUR Pool IS IAW THE HOUSING SOP PAGE 21

- Know where your children are at all times
- Use an approved barrier to separate the pool from the house
- Never allow children to be alone near a pool or any water source.
- Know how to contact the local emergency services
- Do not allow children to play around the pool and store all toys outside the pool area.
- If you leave the pool area, take the children with you or always have a “designated child watcher”.
- Never swim alone, or while under the influence of alcohol or medications.
- Never swim when thunder or lightning is present.

