Sexual Assault Prevention and Response Program Awareness Video

SOLDIER'S CREED

I am an American Soldier.
I am a warrior and a member of a team.
I serve the people of the United States and live the Army Values.

WARRIOR ETHOS

I WILL ALWAYS PLACE THE MISSION FIRST.
I WILL NEVER ACCEPT DEFEAT.
I WILL NEVER QUIT.
I WILL NEVER LEAVE A FALLEN COMRADE.

I am disciplined, physically and mentally tough, trained and proficient in my warrior tasks and drills.
I always maintain my arms, my equipment and myself.
I am an expert and a professional.
I stand ready to deploy, engage and destroy the enemies of the United States of America in close combat.
I am a guardian of freedom and the American way of life.
I am an American Soldier.

THE ARMY VALUES

Loyalty
Duty
Respect
Selfless Service
Honor
Integrity
Personal Courage

Army Strong, Caring For All

U.S. Army Sexual Assault Prevention & Response Program

ARMY PROGRAMS

U.S. Army Sexual Assault Prevention & Response Program
http://www.sexualassault.army.mil/

MEDCOM (AKO)
https://www.us.army.mil/suite/page/14880/

U.S. Army Hooah 4 Health Prevention: Sexual Assault
http://www.hooah4health.com/prevention/injurytrauma/sexualassault.htm/

Combat Readiness Center (CRC) Sexual Assault Prevention
https://crc.army.mil/Guidance/detail.asp?iData=212&iCat=122&iChannel=15&nChannel=Guidance

Combat Readiness Center (CRC) Safety Course
https://safetylms.army.mil/librix/loginhtml2.asp?v=usasc

DEPARTMENT OF DEFENSE (DoD) PROGRAMS

DoD Sexual Assault Prevention & Response Program
http://www.sapr.mil/

DoD Locate A Medical Treatment Facility
http://www.tricare.osd.mil/

National Guard Bureau Sexual Assault Prevention & Response Program
http://www.ngb.army.mil/jointstaff/j1/sapr/default.aspx

Army Reserve Sexual Assault Prevention & Response Program
http://www.army.mil/aps/06/maindocument/infopapers/J-18.html

CALL TO DUTY
BOOTS ON THE GROUND

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CALL TO DUTY
BOOTS ON THE GROUND

"Soldiers must continue to live by the Army Values and treat each other with dignity and respect. By doing so, we will make great strides toward eliminating sexual assault in our Army."
SMA Kenneth Preston
Sergeant Major of the Army

Army Strong

Sexual Assault:

Sexual Assault is a crime defined as intentional sexual contact, characterized by use of force, physical threat or abuse of authority or when the victim does not or cannot consent. Sexual assault includes rape, nonconsensual sodomy (oral or anal sex), indecent assault (unwanted, inappropriate sexual contact or fondling) or attempts to commit these acts. Sexual assault can occur without regard to gender or spousal relationship or age of victim. "Consent" will not be deemed or construed to mean the failure by the victim to offer physical resistance. Consent is not given when a person uses force, threat of force or coercion or when the victim is asleep, incapacitated or unconscious.

Unrestricted Reporting:

Unrestricted Reporting allows a Soldier who is sexually assaulted to seek medical treatment, counseling and an official investigation of his/her allegation through current reporting channels (e.g. chain of command or law enforcement), or he/she may report the incident to a Sexual Assault Response Coordinator or on-call victim advocate.

Restricted Reporting:

Restricted Reporting allows a Soldier who is sexually assaulted to confidentially disclose the details of his/her assault to specifically identified individuals (SARC, victim advocate, healthcare provider or chaplain) and receive medical treatment and counseling, without triggering the official investigative process.

"Sexual assault is a crime that cannot and will not be tolerated in the United States Army. It has a devastating and often lasting impact on the victim, a fellow Soldier. Moreover, sexual assault tears at the moral fiber of our unit formations, degrading our readiness."

GEN George W. Casey Jr.
Chief of Staff of the U.S. Army

BASIC FACTS ON SEXUAL ASSAULT

- Most victims know their offenders before an assault occurs.
- Most assaults involve mind or mood altering substances (i.e. drugs and alcohol).
- Most alleged and confirmed *victims* are junior enlisted Soldiers.
  - Over half of military victims are 20-24 year old females and PVT-SPC.
- The majority of alleged and convicted *offenders* are junior enlisted Soldiers and NCOs.
  - Over half of Army offenders are 20-24 year old males and PVT-SPC.
- Most of the reported assaults investigated by the Army occur on a military installation.

HOW CAN I ENSURE I DO NOT BECOME A SEX OFFENDER?

To reduce the risk of you or a buddy committing and/or being accused of sexual assault:

- Practice the Army Values.
- Don't abuse your authority and ensure proper boundaries are maintained.
- Ensure that partners are of legal age and consent to sexual activity.
  - If someone is passed out, unconscious, asleep or under age, they are not legally able to give their consent.
- Communicate with potential partners. Misunderstandings, especially between people who may not know each other very well, can lead to dangerous and career-threatening situations.
- Make sure that you and your buddies avoid using drugs or excessive alcohol. People under the influence of alcohol or drugs not only act impulsively, they often have different memories of how events occur.
- Educate each other about sexual assault by routinely talking about issues such as rape and assault. Clear up any misconceptions or misunderstandings about the issues.
- Do not condone sexually inappropriate or offensive jokes.
- Remember, "No" means "No!" If you are not sure how your partner feels about your actions, just ask.

Caring For All

HOW CAN I ENHANCE MY SAFETY?

- If you are in an uncomfortable situation, get to a safe place immediately.
- If you feel you are in danger, attract help any way you can.
- Walk in lighted areas after dark.
- Do not drink to excess or use drugs. If you do drink when you are out:
  - Never accept drinks from anyone other than trusted friends.
  - Open drink containers yourself.
  - Never leave your drink unattended.
- Have your keys ready before you reach your destination.
- Keep the doors to home, barracks room and car locked.
- Remember, most victims are acquainted with their offender, so ensure proper boundaries are maintained.
- Report inappropriate behavior immediately.

HOW CAN I BE MORE AWARE OF POTENTIAL DANGER?

- Empower yourself with knowledge.
  - Understand the dynamics and issues involved in sexual assault.
  - Stay alert and aware of your surroundings.
- Trust your instincts; if a person or place feels unsafe, it probably is.
- Be aware of how "date rape drugs" are used in conjunction with alcohol.
- Be on guard if the person you are with:
  - Ignores, interrupts or makes fun of you.
  - Sits or stands too close to your "personal space."
  - Drinks excessively or uses drugs; tries to get you to drink or use drugs.
  - Pressures you to leave a social situation so that you can be alone.

All leaders—military and Army Civilian—must maintain an environment that rejects attitudes and behaviors that promotes sexual assault, and ensure that each individual understands their role in combating this crime.

Be Proactive!

- Don't wait until something happens! Stay informed and educated on the impact that a sexual assault has on the individual, the unit and the mission.
- Participate in annual sexual assault training. Soldiers must understand what sexual assault is, how to recognize, prevent, and report it, and the consequences of engaging in these behaviors.
- If you are in a foreign country, know their social norms and 911 equivalent.

Be Assertive!

- If someone pressures you to do anything you don't want to do, say "NO!"
  - Match your body language to your words. Don't laugh or smile.
- If the predator continues to advance, try to escape or get someone else's attention by making a lot of noise, blowing a whistle or flashing lights.
- If all else fails, fight back by kicking, scratching and biting, but ONLY if you feel you can do so without putting yourself at heightened risk.

Be Safe – Be Smart!

- Travel with a buddy. Offenders are less likely to attack a group of people.
- If you do have to go out alone, let your chain of command know when and where you plan to arrive, so they know when to expect you.
- Walk confidently. Potential offenders look for passivity and low self esteem.
- Stay physically fit. This will enable you to fight an offender, if necessary.