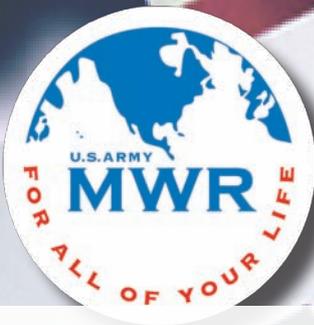


Bavarian-American

Summer Quarterly



***Operation
Rising Star***

"Bowlopolis"

***Hohenfels
Holiday Bazaar***

*Serving the
communities
of the
U.S. Army Garrisons
Grafenwoehr,
Garmisch
and
Hohenfels*

4
Independence Day



USAG Grafenwoehr
Commander
COL Nils C. Sorenson

USAG Hohenfels
Commander
LTC Kevin J. Quarles

USAG Garmisch
Garrison Manager
Karin Santos

**Family & Morale,
Welfare and Recreation**

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Audre L. Binder

USAG Hohenfels
Director
Stacy M. Downing

USAG Garmisch
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For advertising information contact:
DSN: 475-8656 CIV: 09641-83-8656

For information, suggestions and ideas, contact:
DSN 475-8654/8655
CIV 09641-83-8654/8655

email: grafmwr.marketing@eur.army.mil

Information contained in this periodical was correct at the time of printing. Check with local activities for possible changes.

The appearance of advertising in this publication does not constitute DOD, Army or Federal Government endorsement.



USAG Grafenwoehr

4th of July

Independence Day Celebration

Live Entertainment, Food & Fun - 6 p.m.
Grafenwoehr Parade Field

- featuring Nelson Cruz & Orquestra Tropical and DJ Rico Sparxx
- Children activities: Magic Show, Face Painting, Balloon Twisting, Jumping Castles
- Self pace activities: Volleyball, Badminton, Horseshoe Toss, Frisbee Toss, Bid Wiz, Dominos, Spades, Chess and Checkers board games

Fireworks display - 10:30 p.m.
Grafenwoehr & Rose Barracks Little Mike Area

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CLASSES AND SERVICES

ACS WEEKLY JOBS LIST

Are you looking for a job? Get the jobs list and information about open positions every week via email. acs.joblist@us.army.mil or <http://www.grafenwoehr.army.mil/sites/mwr/info/ACSJobListing.pdf>

BATTELMIND TRAINING

This training is designed to help develop a realistic preview of the stresses and strains of deployment on Soldiers and their Families. Families are encouraged to attend a session to have a better understanding on how Battle-mind affects Soldiers, spouses and other family members.

CARE TEAM TRAINING

This training prepares care team members with the foundation to help a Family cope with the immediate after-effects by showing them how to provide necessary support without overwhelming the survivors and creating additional stress.

DOMESTIC VIOLENCE PREVENTION AND RESPONSE PROCEDURES

This class provides basic information about how to identify domestic violence and what it is, plus the reporting avenues.

“DUMPING DEBT”- DVD by Dave Ramsey is available to borrow on request.

EMERGENCY PLACEMENT CARE PROVIDER TRAINING

This training provides basic information for anyone interested in becoming an Emergency Placement Care Provider. Instruction includes administrative requirements, training, expectations, and various aspects of temporary care for emergencies.

COUPON EXCHANGE PROGRAM

AAFES and the Commissary accept manufacturers' coupons up to 6 months past the expiration date. There are dozens of organizations and patriotic citizens back in the States who clip and mail thousands of coupons every month to help save our Soldiers and Families money. Stop by ACS to pick up some coupons, and if you're interested in volunteering for the program, you can apply for the position listed on www.myarmylifetoo.com.

CHILD ABUSE IDENTIFICATION, PREVENTION AND REPORTING PROCESS

This course covers information about how to identify child abuse, what it is, plus the reporting avenues.

ENGLISH AS A SECOND LANGUAGE (LEVEL 1 AND 2)

English course designed to help build English skills in both speaking & writing, for those who did not grow up with English as a primary language.

FRG POINT OF CONTACT (POC) TRAINING

This class will introduce you to valuable skills and responsibilities when communicating with family members.

HOSPITAL TOURS

Tours will be offered in Weiden, Amberg and Sulzbach-Rosenberg hospitals. Know before you go.

INTERNATIONAL SPOUSES CLUB

Formed to provide a forum for the interchange of ideas between people of different national backgrounds, as well as, to create an opportunity for spouses to come together and share in recreational and cultural activities. Future classes will always be based on community needs.

MILITARY FAMILY LIFE CONSULTANT (MFLC) PROGRAM

During stresses from single parenting resulting from deployment, child-care, financial stability, frequent relocations and more, you may need to talk with someone. MFLCs provide non-medical, short term, situational, problem-solving counseling services to Soldiers, their families and civilian employees of the community. Consultations are confidential, except when there is a duty to warn. They must report child/domestic abuse, violence and harm to self or others. Their numbers are: **Vilseck: 0152-0294-0761**
Grafenwoehr: 0152-0293-4290 or 0152-0241-5226

NEW KIDS ON THE BLOCK—NEWCOMER ORIENTATION

A new way to help your kids connect to their new surroundings, they learn about the area and discover the cultural differences between the US and the local customs. Your child's School Liaison is the point of contact to register.

PERSONALIZED SERVICES FOR NEW BABIES

Individualized lactation consultation provided by a Certified Lactation Counselor, and Home Visitation offering individualized education and support.

READY ARMY

Aimed at Army Soldiers, their Families, Army Civilians and Contractors to prepare them for all hazards, manmade or natural. You can contact your local ACS Mobilization/Deployment team for information to build your Emergency Preparedness Plan. Resources are also available for download at: <https://www.us.army.mil/suite/page/464795>.

SOLDIER & FAMILY ASSISTANCE CENTER (SFAC)

Staffed by a team of civilian employees and Wounded Warriors who provide compassionate, coordinated services for Warriors in

continued on next page



USAG Grafenwoehr Family & Morale, Welfare and Recreation (F&MWR) is a comprehensive network of social, recreational and leisure services designed to enhance the lives of Soldiers, their Families, civilian employees, military retirees and other eligible participants. F&MWR strives to deliver the highest quality recreation, entertainment and community support services.

Individuals interested in F&MWR positions should search the list of non-appropriated fund (NAF) employment opportunities on-line.

- Visit <http://cpol.army.mil>
- Click "Employment"
- On the left, click "Search for Jobs"
- Select Germany to see all of the available positions!

Contact the Non-Appropriated Fund Personnel Office for more info.
Grafenwoehr, Bldg. 244
DSN: 475-6886
CIV: 09641-83-6886



continued from previous page

Transition and their Families. Located in building 227, Rose Barracks. Open Monday through Friday from 8 a.m.-5 p.m.
Services Include:

In/Out processing

One-on-One Counseling

Information and Referral Services

Crisis Intervention

Education Guidance Counseling

Military Personnel File Review

Support Group for Spouses of Injured Soldiers

Please visit our sfac website:

www.imcomeurope.army.mil/sfac/grafenwoehr

ADHD SUPPORT GROUP - 11 a.m.-12:30 p.m.

This support group meets monthly to help parents of children with an ADHD diagnosis. The group discusses issues and concerns that are unique to families with these Exceptional Family Members.

July 6, Graf ACS, Bldg. 244

Aug 3, Rose Barracks ACS Bldg. 322

Sept 14, Graf ACS, Bldg. 244

ARMY FAMILY TEAM BUILDING: LEVEL ONE

9 a.m.-2:30 p.m.

You'll find this course on today's military structure helpful and informative.

Aug. 5-6, Netzaberg Teen Center

Sept. 2-3, Rose Barracks Bldg. 221 Room 207

ARMY FAMILY TEAM BUILDING: LEVEL TWO

9 a.m.-2:30 p.m.

Rose Barracks Bldg. 221 Room 207

This three day course offers inspiring strategies for personal development.

Sept. 15-17

ARMY FAMILY TEAM BUILDING: LEVEL THREE

9 a.m.-2:30 p.m.

Rose Barracks Bldg. 221 Room 207

This is a course which offers a wide variety of subjects that are geared to spark ideas and help participants enhance professional growth and leadership opportunities in the areas of career as well as community volunteering.

Aug 18-21

PLAYGROUP "CATERPILLARS AND BUTTERFLIES"

This group is an opportunity for parents to gain support and to spend one on one time with their infant or toddler.

8:30-11 a.m. at the GRAF Chapel Annex:

July 7, 14, 21, 28

Aug. 4, 11, 18, 25

Sept. 1, 8, 15, 22, 29

9:30-11 a.m. at the Vilseck

Chapel Annex:

July 1, 8, 15, 22, 29

Aug. 5, 12, 19, 26

Sept. 2, 9, 16, 23, 30

CHECKING ACCOUNT MAINTENANCE CLASS - 1-3:30 p.m.

Not only learn the importance of keeping and balancing your checkbook register, but also experience the how-to of reading and reconciling bank statements against what your checkbook register shows.

July 1, Graf, ACS

Aug. 5, Rose Barracks, ACS

Sept. 2, Graf, ACS

CLIMBING THE RAINBOW SUPPORT GROUP

10:30 a.m. - 1 p.m.

Specifically targeted for special needs children with various needs. The group is lead by professional staff from Education Develop-

ment and Intervention Services (EDIS). Meets 3rd Monday of the month at Rose Barracks ACS.

July 20
Aug. 17
Sep. 21

DISCOVER YOUR NEIGHBORHOOD-LEVEL II, 1 DAY

9 a.m.-5 p.m.

Enjoy tradition and life during visits of our local communities. Whatever you are interested in— specialty restaurants, nightlife, or window shopping. Not only outdoors types can enjoy exploring parks, open air pools, lakes or the wild life in our woods.

July 17
Aug. 7
Sep. 18

FRG LEADERSHIP F.U.N. (FACILITATE, UNITE, NETWORK)

10 a.m.-12 p.m. Graf Chapel Annex

These interactive seminars are designed to help FRG Leaders, Co-leaders, Advisors and Liaisons motivate maximum participation within their FRG.

Sep. 8

ESPRIT DE CORPS/VOLUNTEER INCENTIVES

10 a.m.-12 p.m.

Rose Barracks ACS

Watch for next quarter classes. More interesting ways to make the FRG process entertaining and meaningful.

Sep. 9

FAMILY READINESS GROUP (FRG) BASIC COURSE

9 a.m.-2 p.m.

Rose Barracks ACS

FRG leaders, liaisons, and advisors will benefit from this three day course in which they learn key planning strategies, communication skills, and other significant elements in supporting their FRGs.

Sep. 15-17

FAMILY READINESS GROUP LEADERS' FORUM

9:30-11 a.m.

A monthly meeting designed to help those in leadership positions within their FRG. Community resources, upcoming events, professional development and more topics of interest are covered.

Aug. 25, Rose Barracks ACS

Sep. 29, Graf Chapel Annex

GREAT EXPECTATIONS - 10-11:30 a.m., Rose Barracks ACS

A nine week series of education classes for expectant and new parents. Topics include: Adjusting to pregnancy, relationship changes, nutrition and exercise, labor and delivery, basic infant care, breastfeeding, understanding infant cues, calming your baby, child development, parenting skills and much more!

July 17, 24, 31
Aug. 7, 14, 21, 28
Sep. 4, 11

HEARTS APART - FOR SPOUSES OF DEPLOYED SOLDIERS -

9 a.m.-5 p.m.

Do something different—escape the everyday routine! Enjoy cultural sights, experience wildlife, special city tours for kids, adventure playgrounds and castles.

July 8, Visit at the Zoo
Aug. 19, Visit at a Castle
Sep. 9, Water fun

HOME BUYING BASICS - Sep. 23, 5:30-6:30 p.m. Graf Library

Plan now and buy later. Get the facts about VA home loans and what they cover, hidden move-in expenses, what to look for in a neighborhood and much more!

INFANT MASSAGE CLASS - 10-11:30 a.m. Rose Barracks ACS
Helps baby relax and let go of tension. Babies sleep better; have an easier time with feeding and this also increases attachment and bonding. Pre- Registration recommended as classes fill quickly.
Aug. 11, Sep. 8

INTERVIEW SKILLS CLASS - 1:30-2:30 p.m.

Learn about common questions asked, what questions you should ask, how to dress and other ways to make a good impression.

July 6, Rose Barracks ACS

Aug. 11, Graf ACS

Sep. 9, Rose Barracks ACS

INTRODUCTION TO VOLUNTEERING - 10-11 a.m. Rose Barracks, Bldg. 221 Room 207

Learn how to register in the new web based Volunteer Management Information System www.myarmyonesource.com. See how you can record your volunteer hours and certificates in one location using this new system. Get to know the community in a new way, and add to your resume.

July 7 & 21

Aug. 11 & 28

Sep. 11 & 25

INVESTING 101: BASIC INVESTING

5:30-6:30 p.m. Rose Barracks ACS

Your bills are now under control. You have worked hard for your money, and are now ready to have your money work harder for you. Join us to find out the basics of investing—stocks, bonds, mutual funds—to see what could be right for you.

Sep. 14

INVESTING 102: UNDERSTANDING MUTUAL FUNDS

5:30-6:30 p.m. Rose Barracks ACS

This class will help participants better understand what mutual funds are, how they operate, and some of the fees connected with investing.

Sep. 21

INVESTING 103: FINDING THE FUND

After Investing 101 and 102, you're ready to get started! This class includes using on-line research to find a reading and prospectus to get you well on your way to successful investing.

Sep. 28, 5:30-7:30 p.m. Rose Barracks ACS

MONEY MANAGEMENT CLASS - 1-3 p.m

Discover ways to take control of your money and finances, instead of your money controlling you. This class covers Financial goal setting, budgeting, insurance, savings and investing, and identity theft.

July 15, & Sep. 16, Graf, ACS

Aug. 19, Rose Barracks, ACS

NURSING MOTHERS & NEW PARENT: SUPPORT GROUPS

Offered the first and third Thursday of each month. Pre-Registration recommended as classes fill quickly.

Nursing Mothers 10-11:30 a.m. Rose Barracks ACS

July 2, Aug. 6, Sep. 3

New Parent 10-11:30 a.m. Rose Barracks ACS

July 16, Aug. 20, Sep. 17

TRAINING FOR ORGANIZATIONS UTILIZING VOLUNTEERS

9-10:30 a.m.

Learn how to get your organization's account up and running on the "myarmyonesource.com" website so that your volunteers can register, submit hours, and create a portfolio with all there volunteer information. Classes are held at Rose Barracks, Bldg. 221 Room 207

July 15,

Aug. 19

Sep. 18

continued on next page

continued from previous page

PLAN MY MOVE - 5:30-6:30 p.m.

Take advantage of all the resources available to you. Discover all the links to a successful and less stressful move.

July 30, Rose Barracks ACS
Aug. 27 & Sep. 24, Graf ACS

PREVENTION RELATIONSHIP ENHANCEMENT PROGRAM—PREP - 12-2 p.m.

Six, two hour classes designed to help couples identify the risk factors they might face and learn tools that help them communicate without fighting! Couples learn to act on the commitment that they have in their marriage and build on their strengths so they can enjoy a more fulfilling and loving relationship. Classes are held at Rose Barracks ACS

July 7, 14, 21, 28
Aug. 4, 11, 18, 25
Sep. 1, 8, 15, 22, 29

Sep. 15 & 29 classes will be held in building 221

RESPIRE CARE PROVIDERS TRAINING - 8:30-10 a.m.

This training is available for prospective EFMP respite care providers. The training goes over expectations of administrative and certification requirements.

July 10, Graf ACS Bldg 244
Aug. 7, Rose Barracks ACS
Sep. 4, Graf ACS Bldg 244

RESUMIX AND RESUME WRITING CLASS - 1:30-2:30 p.m.

Employment Readiness provides Soldiers, Civilians, and Local Nationals with help in writing a resume, and also information on how to apply for Federal positions using the RESUMIX system.

July 9, Graf ACS, *July 13*, Rose Barracks ACS
Aug. 6, Graf ACS, *Aug. 10*, Rose Barracks ACS
Sep. 3, Graf ACS, *Sep. 14*, Rose Barracks ACS

SIBLING SUPPORT GROUP - 4-5 p.m.

Helps siblings of special needs family members understand and learn how to cope with the special needs of brothers and sisters. Facilitated by the Military Family Life Consultants.

July 23, Graf ACS
Aug. 27, Rose Barracks ACS
Sep. 24, Graf ACS

SPECIAL NEEDS AT USAG GRAFENWOEHR (SNUG)

5:30-7 p.m.

Targeted for parents of children with autism spectrum disorders. Join us to discuss issues and concerns that you may have. Led by the local DoDDS autism specialist.

July 2 & Sep. 3, Graf ACS
Aug. 6, Rose Barracks ACS

STRESS MANAGEMENT - 12-2 p.m., Rose Barracks ACS

You will learn the early warning signs, the physical, emotional and mental symptoms of stress and then the coping strategies and techniques.

July 3, 10, 17, 24, 31
Aug. 7, 14, 21, 28
Sep. 4, 11, 18, 25

VICTIM ADVOCATE TRAINING, INITIAL UNIT

8:30 a.m.-4:30 p.m., Camp Normandy, Bldg. 3144, Graf Unit Victim Advocate is a specially trained Soldier to assist victims of sexual assault in garrison and deployed areas.

July 27, Mod 1
Aug 17-18, Initial and Mod 3
Sep 21-22, Initial and Mod 4

VICTIM ADVOCATE TRAINING, ADVANCED

8:30 a.m.-4:30 p.m.

Camp Normandy, Bldg. 3144

Advanced training supplements the basic UVA training in 4 Modules, providing victim advocacy to victims of sexual assault.

July 28, Mod 1
July 29, Mod 2
July 30, Mod 3
July 31, Mod 4

LOVE AND LOGIC

Session 1 - Aug. 5, 12, 19, 26, Sept 2, 9, Children 0-6

Session 2 - Sept 23, 30, Oct 7, 14, 21, 28, Children 7-12

Six classroom sessions teach parents effective ways to communicate with their children, and gain insight on listening and connecting in a positive way.

ARE YOU NEW?

WELCOME TO

BAVARIA

Being in a new place can be intimidating, especially when that new place is in a foreign country! To ease your concerns, the USAG Grafenwoehr offers "Welcome to Bavaria" - a newcomer's orientation program designed to introduce you to the installation and our Host Nation.

The four-day long fun-filled orientation, hosted by Army Community Service (ACS), gives participants a taste of Bavaria and outlines what you can expect during your stay in Germany. Guest speakers from a variety of organizations share information on local customs and culture, your responsibilities as a member of the military community, and what services and opportunities are available to you and your family while in Bavaria. The orientation also includes a treasure hunt tour of the installation, downtown Grafenwoehr and Vilseck, and the surrounding area.

For over 15-years, "Welcome to Bavaria" has introduced newcomers to the many unique opportunities living in Germany

has to offer - and gets better every year! We encourage you to join the fun and get the information you have been looking for, the next scheduled class dates are **July 13-16, August 10-13, and September 14-17**. Pre-registration is required.

But that's not all - Army Community Service offers other relocation assistance programs.

"*Discover Your Neighborhood*" - learn about the wide range of art, cultural, and recreational opportunities throughout the local area.

"*International Spouses Club*" - Foreign born spouses meet and share cultural insights and exchange ideas.

"*New Kids on the Block*" - Youth learn about the area and "what's in it for them."

Don't delay, sign-up today! Visit ACS Grafenwoehr (building 244) or call 09641-83-8371; in Vilseck (building 322) or call 09662-83-2650 for pre-registration.

SEXUAL ASSAULT IS A CRIME.

Sexual assault is defined as intentional sexual contact, characterized by use of force, physical threat or abuse of authority, or when the victim does not or cannot consent. Sexual assault happens without discrimination, anyone can be a victim of sexual assault. Our high risk age for victims is individuals who are between the ages of 18-25 and rank from E1-E4.

I am calling on all of you within this community to take a stand against sexual assault. I. A.M. STRONG is the Army's campaign to combat sexual assaults by engaging all Soldiers in preventing sexual assaults before they occur. To Act Intervene and Motivate to stop sexual assaults and harassment. In simple terms this is when you as an individual Act when you see something that may have the potential to lead towards harassment or sexual assault. We would like you to intervene into the situation to prevent harassment and or sexual assault. We ask all leaders to motivate their soldiers to do the right thing.

A great example of this is your at the bar with your buddies and your buddy tells you "Hey look at her over there she is completely drunk about to pass out and I am going to go hook up with her" We want you to Stop this type of action. Many I have talked to in the last few weeks have said "well I don't feel it is my responsibility to stop a buddy or fellow Soldier from having a good time with a lady." My response is are you willing to let your fellow Soldier go away to jail for raping her? Would you stop your friend if he was getting into a car drunk? We can prevent some sexual assaults by just being aware of situations that may

have a potential for a sexual assault. Some potential signs of sexual assault/harassment are: suggestive remarks, pressuring someone to drink, inappropriate touching or intimacy, and targeting someone who is vulnerable. We all can stand up and stop sexual assaults in this community by being proactive!

If you find yourself as a victim of sexual assault we are here to help, active duty Soldiers can get a restricted report or a unrestricted report.

Restricted report is for victims of sexual assault who wish to confidentially disclose the crime to specifically identified individuals and receive medical treatment and counseling without triggering the official investigative process. To receive a restricted report you must go to a Sexual assault response coordinator, Unit victim advocate, medical doctor, chaplain or a counselor. All other individuals should report sexual assault to CID.

Unrestricted report this is for victims of sexual assault who desire medical treatment, counseling and an official investigation of the crime. For an unrestricted report you can report to any of the above for restricted or your command group and CID.

USAG Grafenwoehr soldiers are asked to call your Garrison Sexual Assault Response Coordinator @ DSN: 476-3217 or CIV: 09662-83-3217 (24/7) should you become a victim of sexual assault.

-USAG Grafenwoehr Family Advocacy Program.



FIVE GRAFENWOEHR CHILD DEVELOPMENT CENTER STAFF EARN THEIR CHILD DEVELOPMENT ASSOCIATE (CDA) CREDENTIAL!

In April 2009, five teachers at the Grafenwoehr CDC, Ms. Rosiland Green, Ms. Cassandra Johnson, Ms. Gabi Knobloch, Ms. Claudia Reinl and Ms. Iris Ramos-Ramon received notification from the Council for Professional Recognition, a nonprofit organization located in Washington, DC., that they had been awarded a Child Development Associate (CDA) Credential.

The CDA credential is the model used to prepare child care personal to work with young children in US and military centers worldwide. Colleges and universities across the US award up to 18 CEU's in recognition of students who attain a CDA credential. This honor is achieved only after each candidate completes 7 specific tasks as outlined below:

1. Complete 120 clock hours of formal child care education. Under the guidance and supervision of a CDC Training Specialist, staff are assigned a college text designed for CDA applicants which provides information and instruction on how to best nurture children's physical, social, emotional, and intellectual growth within a child development framework.
2. Complete 480 hours of direct care work with children birth to five years.
3. Create a professional resource file - a comprehensive collection of reference materials related to the Candidate's work.
4. Collect, in a sealed envelope, Parent Opinion Questionnaires from each parent of the children in the candidate's classroom.

5. Have a CDA Advisor complete a formal 4-hour observation of the candidate using the CDA Assessment Observation Instrument, to document their observation ratings of the Candidate's skills while working with children.

6. Complete an Early Childhood Studies Review, a two-hour, multiple choice examination taken by the Candidate with a CDA Assessor; and

7. Complete the CDA Oral Interview with the CDA Assessor to evaluate the Candidate's skills and knowledge of good early childhood care and education practices.

A CDA Credential is valid for three years from the award date, after which it may be renewed for five-year periods.

As staff members of the GCDC, each of these employees made the commitment to completing their CDA credential in preparation for the center's upcoming National Association on Young Children (NAEYC) visit now scheduled to occur in mid/late June 2009. NAEYC Accreditation standards now require that all CDC employees must have or begin working on their CDA in order to meet the Accreditation standards teaching requirements for working with young children. Everyone wins when teachers achieve a CDA Credential...staff become more educated and knowledgeable about the developmental needs of young children and children and families receive a higher level of quality care. GCDC looks forward to having all CDC staff achieve this credential in the months ahead.

ICE

Interactive Customer Evaluation

Tell Us What You Think About MWR!

Because We Care!

Leave your comments at: <http://ice.disa.mil>



CYSS PRESENTS THE NEW...



Decisions youth make today have a direct impact on their future. All decisions. What to wear, whether or not to go to school, how to spend time, what to post on their My Space or Facebook page. Getting youth to think about those daily decisions and their impact, is step one. Doing something about it, is where the HIRED! Apprenticeship Program comes in. "Today's workforce is highly skilled, and extremely competitive." says Nena Stetson, HIRED! Program Coordinator for Child Youth

and School (CYS) Services at USAG Grafenwoehr. "Through HIRED!, we help youth figure out what they want to do, and then we support and mentor them in order to do it." Stetson says.

The HIRED! Apprenticeship Program provides 15-18 year-old youth with training and work experience in Morale, Welfare and Recreation (MWR) operations. Prior to interviewing for a HIRED! apprenticeship, youth are required to take 6-hours of training in areas such as: career exploration, interview skills, financial management, customer service, and ethics in the workplace. Once placed, an on-site mentor trains and supervises the apprentice 15 hours per week, for 12 weeks, giving the apprentice an opportunity to explore and experience a specific career field such as Education, Marketing, Recreation, Child/Youth Development, Fitness, Hospitality, or Information Technology. After successful completion of the program, apprentices are eligible for a cash award and certificate of completion from Kansas State University. Applicants must be U.S. Citizens or U.S. Nationals, be 15-18 years of age, and must maintain a 2.0 Grade Point Average (GPA) or higher.

Examples of exploratory career fields in the HIRED! Apprenticeship Program include:

- *Education
- *Child and/or Youth Development
- *Social Work
- *Marketing & Graphic Design
- *Library & Information Science
- *Food & Beverage Management
- *Pet Care Services
- *Recreation & Tourism Management
- *Physical Education
- *Information
- *Technology

- *Sports Studies
- *Sports Management

Youth and parents are invited to join us for a HIRED! orientation and pizza dinner on Thursday, June 18th from 6:00-7:30 p.m. at the Netzaberg Teen Center to learn more about the HIRED! Apprenticeship Program. For more information, contact Nena Stetson, HIRED! Program Coordinator, at DSN 476-2662, CIV 09662-83-2662 or by e-mail at nena.stetson@us.army.mil.

ARMY FAMILY COVENANT

Child, Youth & School Services

Deployment Support Special Openings

July

10 - Friday Night Opening Netzaberg CDC/SAS, 5:30 - 9:30 p.m.

18 - Saturday Special Opening Netzaberg, 10 a.m. - 4 p.m.

24 - Friday Night Opening Netzaberg CDC/SAS, 5:30 - 9:30 p.m.

August

7 - Friday Night Opening Netzaberg CDC/SAS, 5:30 - 9:30 p.m.

15 - Saturday Opening Netzaberg CDC/SAS, 10 a.m. - 4 p.m.

21 - Friday Night Opening Netzaberg CDC/SAS, 5:30 - 9:30 p.m.

September

11 - Friday Night Opening Netzaberg CDC/SAS, 5:30 - 9:30 p.m.

19 - Saturday Opening Netzaberg CDC/SAS, 10 a.m. - 4 p.m.

25 - Friday Night Opening Netzaberg CDC/SAS, 5:30 - 9:30 p.m.

For Families in Mission Level 1, 2, 3, and WTU

SKIES *Unlimited*

Schools of Knowledge, Inspiration, Exploration & Skills

SKIES*Unlimited* provides the organizational umbrella for all instructional programs in Child, Youth, and School Services (CYSS). SKIES*Unlimited* encompasses classes for children and youth from infancy to adolescence. Classes are designed to support, complement and enhance the experiences children and youth have at home, in schools, or in CYSS Programs. When children and youth participate in SKIES*Unlimited* classes, they have the opportunity to explore personal interests, and discover new knowledge, skills, and special talents while developing a positive self-image. You can choose from a myriad of classes offered by the School of Arts, School of Sports, School of Life Skills, and School of Academic Skills. Our staff includes enthusiastic and experienced instructors in the areas of Dance, Music, Martial Arts, Gymnastics, and German Language.

Brian Olden is one of our three Martial Arts Instructors and teaches Tang Soo Do. He has been training in martial arts for over 40 years. He is a 4th degree Black Belt Master Instructor and International Tournament judge. In addition to his Master's Belt in Tang Soo Do, he has a 2nd Degree Black Belt in Kyokushinkai Karate. He has competed in many tournaments, and been a two-time Champion in the German Tang Soo Do Championships. He has been teaching children's classes for over 20 years



Alonso "Skip" Mention is the longest running instructor that we have. He has been teacher at USAG Grafenwoehr for 25 years. He also teaches Marital Arts Instructor (Shotokan Karate). He is a licensed sports instructor. His license is valid throughout the Deutsche Sport Bunde and Japanese Karate Sports Association. Skip has been studying karate for approximately 30 years and was very active in the tournament scene from 1980-1992, often reaching the level of Oberpfalz Champion as well as city and town champion of Weiden in In Kumite (fighting).

Meister Bae Yoon Joo is the last of our Martial Arts Instructors. She teaches Haidong Gumdo and is a licensed sports instructor. Her license is valid throughout the Korean Haidong Gumdo Association. She has her own club in Amberg and teaches to children and adults from 2004 to present. She is an instructor in

the Adult education program (Volkshochschule) in Amberg. She is Referee for European Haidong Gumdo Association and also Head-Trainer for Austrian Haidong Gumdo Association.

Alexis Fake is our Kinder Music and Piano instructor. Alexis began her music career at the age of seven when she began taking piano and vocal lesson. She was also involved in various children's choirs within her school and church. Upon entering seventh grade she began playing the French Horn and continues to do so today. Mrs. Fake attended Missouri Central State University where she received her Bachelor's in Music Education with an instrumental emphasis.



Katharina Bormann-Foxx is also a Piano instructor. Katharina studied piano at the Wiesbadener School of Music and Art. She received a singing education and attended the Opera Class at the School for Singing, Drama and Language in Wiesbaden.

Alison Bostic is the newest addition to our SKIES Family and she is assistant gymnastics coach and also teaches her own Power Tumbling Class. Mrs. Alison Bostic has been involved in gymnastics since the age of 3 when she first started in Indiana. She



began competing at the age of 7 and has been involved in competition up to level 10. She has 8 years of experience teaching all recreational levels of gymnastics as well as competitive levels 4-10. She is certified in recreational gymnastics and gym safety and has experience in High School Gymnastics as an assistant coach.

Jaclyn McCoy is our long awaited Gymnastics Instructor. Jaclyn has been involved in gymnastics since the age of 3 when she first started in Missouri. She began competing at the age of 7 and has been involved in competition up to level 6. She has 14 years of experience teaching all recreational levels of gymnastics as well as competitive levels 4, 5 and 6. She is certified in recreational gymnastics and gym safety and has extensive experience as head coach at two competitive level gyms in Texas.



Alisha Knox is also fairly new to our program and teaches hip hop and ballet. Alisha has been dancing since a very young age. During the past 17 years she has danced in a studio in classes such as hip hop, jazz, ballet, and tap. She was taught under Mrs. Linda Polveri who worked alongside Bob Fosse. Through her 4 years of high school she danced for the school's Varsity Dance Team. As captain her junior and senior year, she ran practices, choreographed dances, and chose customs for the team. Her senior year she choreographed a dance that made it to the EDA Nationals and won 1st place. She has performed in many school shows and choreographed for spirit week performances and variety shows. She also taught jazz and ballet classes at the studio she attended. Alisha was also a part of the Marcia Hyland Dance Company for 2 years.

Last but not least, **Angelika Martin** is our German language Instructor. Angelika is a native German. She was born and raised in Nuremburg, Germany. She began her study of the English language at the age of 11. She has a foreign language degree in German, English and Spanish. Due to having an American husband, she has extensive knowledge of the English language and the translation to German. This helps her to guide her students through both conversational and grammatical conversion of the English language to the German language

Signups for these programs can be done on a monthly basis at any CYSS Registration Office. The child must be registered with CYSS in order to participate.

SKIES is always looking to improve the program and on the lookout for new instructors. If you have a hidden talent and would like to earn a little extra income by teaching the children in our community please contact Maria Maxwell of 475-9392 or 09641 839392.

SKIESUnlimited is currently offering the following programs:

- Karate
- Haidong Gumdo,
- Tang Soo Do,
- Gymnastics,
- Power Tumbling,
- Kinder Music,
- Piano,
- German Language,
- Hip Hop, Jazz, and Ballet.

Coming soon:

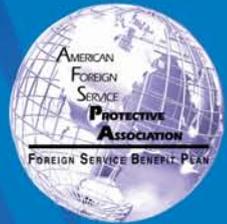
- Horseback Riding
- Choir



The weekend of May 9, 2009 at Patch Barracks in Stuttgart, **Jamie Dillard** spouse of SSG Charlie Dillard from E Co 2/2SCR completed in the "European" World Martial Arts Athletics Qualifiers. She placed 2nd in Adult Traditional Forms Intermediate Belt doing the Shotokan Karate Kata "Bassai Dai." This win allows her to compete in the World Organization of Martial Arts Athletics (WOMAA) World Martial Games X being held in Ocean City, Maryland on August 21st-23rd, 2009. She is trained by Sensei Alonzo "Skip" Mention who teaches a Combat Karate Class at the Physical Fitness Center in Grafenwoehr on Thursday evenings. He is also a SKIESUnlimited instructor and teaches a kids class on Mondays and Wednesdays in Grafenwoehr and Rose Barracks.

Deployment Support Eligibility for Army Family Covenant CYS Programs and Services

ELIGIBILITY CRITERIA	Deployment Support Eligibility for Army Family Covenant CYS Programs and Services																
	CYS Registration Fees	Hourly Mandatory GWOT Activity Care	Hourly ACS FRG Care	Hourly Respite Care #1	Hourly Respite Care #2	Hourly Respite Care #3	Hourly Fee Reduction	Hourly Appointment Care	Hourly Memorial Care	Hourly Bereavement Respite Care	Full/Part Day Fee Reduction	Full/Part Day Cat 1 Rates (AW2/WT)	SKIES Classes	Sports Activities			
MISSION LEVEL 1	Deployed	Free CVS Registration and Re-Registration Fees	Free Hourly or STACC Care During Mandatory Deployment Meetings	Free Hourly or STACC Care for FRG Meetings (Paid Through ACS)	16 Hrs Free Hourly Respite Care (Per Child Starting 30 Days Before Deployment and Ending 60 Days After Return)	16 Hrs Free Hourly Respite Care (Per Child Per Month) During Designated Eligible Period	5 Hrs Free Hourly Respite Care (Per Child Per Month) During Designated Support Assignment	\$2,000 Per Child Per Hour Rate for Any Hourly Care Beyond the Free Respite Care Hours	Unlimited Free Hourly Care for Medical Appointment	Free Hourly Group Care For All Attendees of a Memorial Service for a Fallen Soldier	40 Additional Hours Free Hourly Care Per Child for Immediate Family of Deceased (Valid From Notification to 4 Weeks After Burial)	20% Reduction to Fees for Regularly Scheduled Full Day and Part Day Care	Cat 1 Fees for Regularly Scheduled Full Day/Part Day Care (CDR Approved Fee Policy Exceptions For Current Cat 1 Patrons)	Up to 4 Free SKIES Classes Per Child/Youth (NITE to 8 Weeks Per Class)	Up to 2 Free SKIES Classes Per Child/Youth (NITE 8 Weeks Per Class)	Up to 2 Free CYS Team or Individual Sports Per Child/Youth	1 Free CYS Team or Individual Sports Per Child/Youth
		Temporary Change of Station (TCS)	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
MISSION LEVEL 2	Permanent Change of Station (PCS) Unaccompanied Tour		X	X		X		X					X	X		X	
		TDY (90-179 Days)	X	X		X		X					X	X		X	
MISSION LEVEL 3	Rear Detachment Cadre (as Identified on Rear Detachment / Personnel Availability Report)		X	X		X		X					X	X		X	
		Army Wounded Warriors (AW2)		X	X		X		X				X	X		X	
WOUNDED WARRIORS	Warriors In Transition (WT)		X	X		X		X					X	X		X	
		Families of Fallen Warriors					X						X	X		X	
ALL PATRONS	All CVS Patrons (and, for Memorial Care, All Attendees)	X								X							



BOWLOPOLIS

YOUTH LEAGUE

GRADES 1-12

SUMMER THURSDAY LEAGUE
9 JULY - 27 AUGUST, 2009

- FIRST 50 PARTICIPANTS GET A FREE LEAGUE SHIRT
- BOWLING BASICS INSTRUCTION
- FREE BOWLOPOLIS DVD
- SPECIAL BOWLING RATES
- TRANSPORTATION & SNACKS
- END OF SEASON AWARDS PARTY



FALL LEAGUE STARTS 10 SEP AND ENDS 30 OCT 2009

FOR MORE INFO CONTACT CYSS CENTRAL REGISTRATION AT DSN: 475-6656 OR 476-2760

NO FEDERAL ENDORSEMENT FOR SPONSOR IMPLIED

SUMMER CAMP PROGRAMS

Summer is finally here! Children, Youth & School Services (CYSS) is very excited to provide all our school age youth and middle school/teens a variety of exciting Summer Camp activities and trips that, we promise, will keep you thrilled all summer long! Have you ever been to the Dinosaur Museum in Bayreuth? What about the Nuremberg Planetarium? If not, then come join the Netzaberg School Age Summer Camp Program where this and so much more is planned. The Rose Barracks School Age Summer Camp is also prepared to bring our school agers to Legoland, Geiselwind Amusement Park and Playmobile Park to name just a few. In addition to all the trips there are many exciting activities such as the SAS Olympics, bowling, and wacky water days planned right here at home.

If you are a teen – and wondering how to fill your summer days then come on over to the Rose Barracks or Netzaberg Teen Center! It's time to get involved and meet new friends! Join us as we head to Europa Park, take a boat cruise down the Donau River or go Horseback riding through Veldensteiner Forest. We even plan to go Go Carting! If you rather

stay closer to home – we have cooking, fishing, swimming and cultural festivals planned as well. With all this – there is no reason to be bored this summer- let the Good Times begin!

In order to participate in Summer Camp – all school age youth and middle school/teens must be registered with CYSS. You can register your child at any Central Registration office (Graf Bldg. 244 or Rose Barracks Bldg. 224). Monday through Friday from 8am to 5pm. You can also call 09662-83-2760 or 09641-83-6655 for additional information on fees and registration requirements.



ROSE BARRACKS YOUTH CENTER SUMMER 2009 ACTIVITIES

Rose Barracks Youth Center has a packed summer calendar and its not too late to join the fun! Since June 15, we opened early Monday-Friday from 8 a.m.-1 p.m. for Summer Camp. On top of extended hours, Summer Camp also offers additional activities, swimming and shopping trips and a daily lunch for only \$40 plus any entrance fee costs. If you chose not to take advantage of our Summer Camp you are still welcome to attend our special trips on Wednesdays for just the cost of admission plus \$6. Middle School and High School Youth can choose to participate in Morning Camp only if they wish.

Sign up for both Summer Camp and Wednesday trips in advance at Central Registration, building 224 on Rose Barracks.

SPECIAL WEDNESDAY TRIPS

June 17: Phantasia Land Amusement Park
June 24: Regensburg Mall Trip
July 1: Palm Beach
July 8: Geiselwind Amusement Park
July 15: Holiday Park Amusement Park
July 22: Donau River Ride and Falcon Show
July 29: Tropical Island Amusement Park
Aug. 5: Veldensteiner Forest Horseback riding
Aug. 12: Go Cart Riding
Aug. 19: Europa Park Amusement Park

SPECIAL FRIDAY TRIPS

June 19: Amberg Shopping Trip
June 26: Local Swimming Trip
July 10: Local Swimming Trip
July 17: Amberg Shopping Trip
July 24: Local Swimming Trip
July 31: German/American Volksfest
Aug. 7: Local Swimming Trip

Aug. 14: Nuernberg Shopping Trip
Aug. 21: Local Swimming Trip
Aug. 28: Back to School Party & BBQ

SCHEDULE OF OTHER SUMMER EVENTS AT ROSE BARRACKS YOUTH CENTER

Wednesday July 1: Palm Beach Swimming Trip
Thursday July 2: Club Hop (DJ 101)
Friday July 3: CLOSED

WEEK 4 (JULY 6 – 10)

Monday July 6: Arts and Crafts (Collages of your life)
Tuesday July 7: Sports/Recreation (Kickball)
Wednesday July 8: Geiselwind Amusement Park
Thursday July 9: Club Hop (Photography)
Friday July 10: Outdoor Swimming (weather permitting, bring 3 Euro)

WEEK 5 (JULY 13-17)

Monday July 13: Arts and Crafts (Scrapbooking)
Tuesday July 14: Sports/Recreation (Physical Fitness - PT)
Wednesday July 15: Amusement Park – Holiday Park
Thursday July 16: Club Hop (Dating 101)
Friday July 17: Local Shopping Trip Weiden

WEEK 6 (JULY 20-24)

Monday July 20: Arts and Crafts - Go Green Craft Day
Tuesday July 21: Sports/Recreation - Bowling
Wednesday July 22: Donau River Boat Ride and Falcon Show
Thursday July 23: Club Hop - Cosmetology
Friday July 24: Outdoor Swimming - (weather permitting, bring 3 Euro)

WEEK 7 (JULY 27-31)

Monday July 27: Arts and Crafts - Magic Dip
 Tuesday July 28: Sports & Recreation - Spinning & Biking
 Wednesday July 29: Tropical Island Trip
 Thursday July 30: Club Hop Car Maintenance
 Friday July 31: German/American Volksfest Visit

WEEK 8 (AUG. 3-7)

Monday Aug. 3: Arts and Crafts - Pinatas
 Tuesday Aug. 4: Sports/Recreation - Basketball 5 on 5
 Wednesday Aug. 5: Veldensteiner Forst and Horseback Riding
 Thursday Aug. 6: Club Hop - Choreography
 Friday Aug. 7: Outdoor Swimming - weather permitting, bring 3 Euro

WEEK 9 (AUG. 10-14)

Monday Aug. 10: Arts and Crafts - Pencil Draw
 Tuesday Aug. 11: Sports/Recreation - Badminton
 Wednesday Aug. 12: Go Cart Trip
 Thursday Aug. 13: Club Hop - Military Police 101
 Friday Aug. 14: Local Shopping Trip Nuernberg

WEEK 10 (AUG. 17-21)

Monday Aug. 17: Arts and Crafts - Scratch Art
 Tuesday Aug. 18: Sports/Recreation - Dodge Ball
 Wednesday Aug. 19: Amusement Park – Europa Park
 Thursday Aug. 20: Club Hop - Etiquette
 Friday Aug. 21: Outdoor Swimming - weather permitting, bring 3 Euro

WEEK 11 (AUG. 24-28)

Monday, Aug. 24: Arts and Crafts - Draw your future, Sidewalk Chalk
 Tuesday, Aug. 25: Sports and Fitness - Obstacle Course/Track and Field
 Wednesday, Aug. 26: Local Shopping - Back to School Shopping at the Graf PX
 Thursday Aug. 27: Club Hop - Amazing Race
 Friday Aug. 28: Back to School BBQ / Party

TRIP SIGN UPS

Wednesday July 1: Palm Beach Swimming sponsored by RYS, bring 11.50 Euro
 Wednesday July 8: Geiselwind Amusement park sponsored by NYS, bring 23 Euro
 Wednesday July 15: Holiday park trip sponsored by RYS, bring 26 Euro
 Wednesday July 22: Donau River Boat ride and Falcon Show sponsored by NYS bring 15 Euro
 Wednesday July 29: Tropical island trip sponsored by RYS bring 25 Euro
 Wednesday August 5: Veldensteiner Forst/Horse-back riding sponsored by NYS, bring 20 Euro
 Wednesday August 12: Go Cart Trip sponsored by RYS bring 30 Euro
 Wednesday August 19: Europa Park Trip sponsored by NYS departs at 4 a.m., bring 34 Euro

CYS Services is offering...

Summer Camp!

For the Netzaberg and Rose Barracks Youth

June 15-Aug. 28, 2009

Morning Camp will be offered for middle school and high school ages.

8 a.m. - 1 p.m.

Contact your local Central Registration office to sign up!

DSN: 475-6655 or 476-2760

Special Camp For Special Kids

Netzaberg SAS July 13-18

Netzaberg Teen Center July 20-24

8 a.m. - 5 p.m.

All children must be enrolled with CYSS to participate. Parents of children/youth with special needs must attend a Special Needs Assessment Process (SNAP) Team meeting prior to attending CYSS programs. For more information and to register, contact a CYSS Central Enrollment Registration Office (Grafenwoehr Building 244) 09641-83-6656; (Rose Barracks Building 224) 09662-83-2760.

SUMMER ITR DAYTRIPS AND OVERNIGHTS

Information, Tours and Registration (ITR) and Outdoor Recreation (ODR) provide many opportunities to the community to discover the wonders of living in Europe. All ID Card holders can travel with us as well as their guests who are registered on the access roster of both Rose Barracks and Grafenwoehr at least 72 hours prior to the trip. The ITR staff is working hard to enhance the program, thanks to a new fleet of busses coming our way, so check for updates on additional trips through marquee boards, posters, community newsletters, and on AFN The Eagle Radio, especially Monday mornings on the early show. **Passports are required for all overnight trips.**

OVERNIGHT TRIPS

MEDULIN, CROATIA DIVING TRIP

Aug. 4 - Sep. 7, 2009 (Please sign up by Aug. 1)

The Hotel Arcus and the diving center **Shark** is 15 min walking distance away and offers diving around ten beautiful wrecks and several reefs--located in the famous tourist village of Medulin in the southern part of Istria, which is Croatia's largest peninsula. The village of Medulin is approx. 8 km from the town of Pula. Medulin is famous for its pebble beaches, hotels with swimming pools, for its discos and a superb gastronomic offer in its numerous restaurants.

Passport is required for Slovenia & Croatia
Temperatures: air approx. 26° C, water approx. 25° C.
Drinks are not included.

Living expenses are similar to Germany.

Local currency is the Kuna. (\$ 1.00 = 5.30 Kuna).

Euros and credit cards will be accepted.

Divers must have a valid certification card and skill updated.

(Pool sessions for updates are possible prior to departure)

Half price on dive equipment rental.

Single room supplement \$40.00

Due to the long bus ride the minimum age is 12 years

Price for Divers is \$479.00

Non Divers pay \$299.00

Price includes 3 overnights with breakfast & Dinner in a 4* hotel

For divers a dive package of 4 boat dives & 1 shore dive

Advanced Open Water Course for additional \$159 possible

\$100down payment for sign up is required.

The bus departs Thursday Aug. 4 at midnight from Vilseck ODR and 12:30 a.m. from GTA Burger King.

BUDAPEST

September 3-7 (Please sign up by July 30)

Take a trip to beautiful Budapest, "Pearl of the Danube," or "Paris of the East." The city on the Danube surrounded by the Buda hills has something to offer both young and old alike. Budapest is famous for its Jewish quarter, Heroes' square, Royal Palace, the Raul Wallenberg garden with the Holocaust Memorial,

Castle hill and Fisherman's Bastion, Turkish baths, St. Stephen's Basilica, the Dohany street Synagogue, the Opera House and the Chain Bridge. We will have a city tour by a local guide. We offer such options as a walking tour of Budapest at night, a folklore dinner with Gypsy music and a horse show in Lajosmizse with lunch and Gödöllo Palace tour.

Per person in double room: \$489, children 3-12: \$329, children less than 3 are free! Single room cost: \$649.

BERNINA GLACIER EXPRESS IN SWITZERLAND/ITALY September 25-28 (Please sign up by August 24)

ITR brings you on a breathtaking train ride on the Bernina express, one of the world's most famous train journeys, high in the Swiss Alps, between St. Moritz and Tirano, and back. The Swiss Alps is known for its natural beauty with mountain forests, mountain streams, alpine meadows, snow covered glaciers and mountain valleys. The highest mountain pass on this train journey will be over 7,391 feet. We will also have a cheese making demonstration and tasting in a farm, and a city tour with a local guide in Davos. Per person in double room: \$499, children 3-12: \$329, Children less than 3 free. Single room cost: \$599

LAKE CONSTANCE & 3 COUNTRIES:

GERMANY, AUSTRIA AND SWITZERLAND:

October 9-12 (Please sign up by September 7)

Discover the largest lake in Germany, Lake Constance (Bodensee). Constance is the largest town on the shores of Bodensee and the Rhine River. The region will enchant you with its local medieval and Roman history. You will enjoy city tours by local guides of Meersburg, Lindau, Bregenz. A visit of the Zeppelin museum, a wine tasting, a boat ride and a scenic cable car ride are also on the program. Per person in a double room: \$449, children 3-12: \$309, children less than 3 free, single room: \$529.

FLORENCE AND SIENA, TUSCANY, ITALY

November 25-29 (Please sign up by October 23)

Travel to Bella Italia and see Florence, birthplace of the Renaissance, where a local guide will walk you through the most famous sites from "Firenze" such as "Ponte Vecchio," the world famous bridge where romantics hang a lock in the name of their beloved, the old town square with a beautiful copy of David, the Uffizi museum that contains the world's largest collection of Italian Renaissance paintings.

We will also discover the most beautiful medieval town in Italy, Siena. Be prepared for a 3-hour-walking tour up and down hills through the lovely narrow streets leading to the Piazza del Campo (main square) where the Pallio takes place every year, race on bare horseback on the Piazza by young men representing their town quarters. We will also take you to the cathedral and the Duomo. Spend your free time enjoying a fantastic meal, sightseeing, shopping, admiring the goods from artisans, or visiting a museum. Ask ITR for prices.

DRESDEN CHRISTMAS MARKET**December 4-6 (Please sign up by October 27)**

Dresden, which lies on the River Elbe, will surprise you by the diversity and richness of sights, museums, historical and religious points of interest--the Zwinger, on the Unesco World Heritage list holds some great museums such as the Old Masters museum, the Armor's museum, the Meissen Porcelain's museum to name a few. Admire the incredible treasures of the New Green Vault, and the Historical Green Vault collected by August the Strong over the years (tickets online prior to the trip). A local guide will take you on a 3-hour-city tour.

Discover the oldest Christmas Market in Germany, with the main market called the Striezelmarkt in the old town center, with Christmas music concerts held in the Frauen Kirche, magnificent Basilica newly opened after extensive renovation after World War II destruction. Visits to a Stollen cake factory, and the Meissen Porcelain factory are also included. Ask ITR for prices.

NEW YEAR CELEBRATION IN BERLIN, AND POTSDAM**December 30, 2009-January 02, 2010****(Please sign up by November 17)**

Berliners love Silvester or New Year's Eve and it is one of Europe's best places to celebrate it. For locals, it is all about being out on the streets, celebrating with sparklers, firecrackers and sekt (sparkling wine). It all happens at the Brandenburg Gate, the symbol of a once-divided-city, where there are food and drinks stalls along with bands and DJs. If you prefer something more quiet, the Kreuzberg in Victoria Park is an exciting spot to overlook the city. ITR offers you a guided city tour, a 3-course New Year's eve dinner with dessert, Checkpoint Charlie museum. We will also take you to Potsdam for a sightseeing tour of the city and of the Dutch Quarter. Contact ITR for prices and details.

DAYTRIPS**KARLOVY VARY, CZECH REPUBLIC****July 4****Aug. 1****Sep. 5**

Karlovy Vary is world renowned for its history and its spas. You can stroll along the scenic colonnades as you shop for crystal, leather, amber jewelry and much more. Passport required. Price per adult: \$39, per child (3-12): \$29 and per child under 3: \$10. Bus pick-up on Rose Barracks at 06.30am and Grafenwoehr at 07.00am.

KALTENBERG FEST**July 5, 12 and 19**

This annual festival offers a day of fun and excitement for the entire family. Throughout the fest grounds, actors will demonstrate period skills and shows to enchant and entertain the crowd. There are also tradesmen selling wares of the period and great food. Don't miss the grand parade, with the joust performance to top off the adventure. Book tickets for the fest and joust early, they often sell out! Tickets can be booked by phone (with English service available) at 08105-113313. Entrance tickets to the fest range from 17 to 42 euro. Price per adult: \$39, per child(3-12): \$29, per child under 3: \$10. Bus pick-up on Rose Barracks at 6:30 a.m. and Grafenwoehr at 7 a.m.

BERLIN**July 11****Aug. 8****Sep. 12**

Berlin's 800 year history seems short compared to other European cities, but has so much to offer. We will take you on a 3-hour bus tour of some of the major sites including the

Brandenburg gate, the Berlin Wall memorial site, Checkpoint Charlie and much more. After the tour, you will have free time to discover this interesting city at your pace. Price per adult: \$ 59, per child (3-12): \$49, per child under 3: \$10. Bus pick-up on Rose Barracks at 3 a.m. and Grafenwoehr at 3:30 a.m.

EAGLES NEST AND SALTMINES**July 12**

The Eagle's Nest, famous retreat of Hitler is a lovely chateau located at the crest of a mountain in the Bavarian Alps. Though the building has been converted into a restaurant, many still flock to the sight just to see it up close. ITR's bus must park at the base of the mountain, so customers must choose whether to hike to the crest or to take the local bus (which will cost around Euro 15 per person). After departing the Eagle's Nest, the bus takes customers to the salt mines located on the Austrian border. Tourists will be issued traditional salt worker uniforms and taken into the tunnels. The cost of the salt mines tour is approx. Euro 16.00 per adult, and 10 euro per child. Price per adult: \$59, per child(3-12): \$49 and per child under 3: \$10. Bus pick-up on Rose Barracks at 3:30 a.m. and Grafenwoehr at 4 a.m.

POLAND FOR POTTERY**July 18****Aug. 15****Sep. 19**

Boleslaweic, Poland is the heart of the pottery industry. The factories continue to hand stamp the patterns on each piece in the hundred- year- old tradition. Designs range from original ones inspired by the peacock to more patterns including Christmas themed sets. The pottery is made from white clay and many pieces are microwave-and dishwasher-safe. We will take you to different stores, to offer you a wide choice to start or complete a collection. Price per person: \$59. Bus pick-up on Rose Barracks at 1 a.m. and Grafenwoehr at 1:30 a.m.

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Paid Advertising

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SALZBURG EXPRESS

July 25

For those who love to sightsee, Salzburg is the city to visit! Rich in history and character, Salzburg offers gardens, shops, museums and more. Ride in a horse-drawn carriage down the historic alleys and then stop at a café and try a Sacher Torte, Austria's famous chocolate cake. Or take a "Sound of Music" tour, and then check out Mozart's birth-house. Price per adult: \$49, per child(3-12): \$39 and per child under 3: \$10. Bus pick-up on Rose Barracks at 4 a.m. and Grafenwoehr at 4:30 a.m.

TWO CASTLES

July 26

Aug. 30

Sep. 27

Germany is famous for its castles and Bavaria offers some of the most impressive ones, such as Neuschwanstein, known as the Disney castle from Sleeping beauty. A building frenzy was initiated by King Ludwig II, and while it almost bankrupted the country, the castles are a lasting testimony to whimsy and fairy tales. Entry to each castle is optional and approximately 10 Euros per castle, per person, collected on the bus. Price per adult: \$49, per child (3-12): \$39, per child (under 3): \$10. Bus pick-up on Rose Barracks at 4 a.m. and Grafenwoehr at 4:30 a.m.

PRAGUE

Aug. 2

Sep. 6

See the Golden City of Europe. The 2-hour tour by a local guide takes you through the historic part of town, to show you the Astronomical Clock, the Charles Bridge, and many more famous sights. You then have ample time to enjoy lunch, do some shopping, visit museums, walk to the castle and discover the cathedral. Price per adult: \$49, per child (3-12): \$39, per child under 3: \$10. Passport is needed. Bus pick-up on Rose Barracks at 5 a.m., and Grafenwoehr at 5:30 a.m.

CHIEMSEE

Aug. 9

Sep. 13

The final of Ludwigs castles, situated on an island in the middle of the Chiemsee Lake is modeled after Versailles. Ludwig only ever stayed in residence for a total of 10 days. The bus will take you to the port where you can opt for one of three tour packages with a cost of 5-20 euro per person. Price per adult: \$49, per child (3-12): \$39. Bus pick-up at Rose Barracks at 4 a.m., and Grafenwoehr at 4:30 a.m.

DACHAU & MUNICH

Aug. 16

Sep. 20

It has been said that those who cannot learn from history are doomed to repeat it, but with this ITR trip, you can experience both what was and what will be. First visit the historic Dachau Concentration Camp Memorial site. The main camp was comprised of the actual Prisoner's camp, the SS area as well as various subsidiary camps, such as the so-called plantation, the shooting range at Hebertshausen, and the burial grounds

for concentration camp prisoners, now the concentration Camp Memorial Cemetery Dachau-Leitenberg. Afterwards we will travel to Munich to visit the National Museum, offering a hands-on exploration of German science and technology, showcasing the newest innovations that may soon become reality. Museum entrance fee per adult is approx. 7.50 euro, per child 3 euro (not included in ITR price). Price per adult: \$39, per child (3-12): \$29, per child under 3: \$10. Bus pick-up on Rose Barracks at 6:30 a.m. and Grafenwoehr at 7 a.m.

EUROPA PARK

Aug. 22

This theme park contains areas representing the European countries with an Adventure Land and water park as well as the new region of Portugal. The rides in each region stay true to the culture of that country while offering a bit of whimsy. Entry tickets are not included (approx. 29 Euro per child, and 32 Euro per adult). Price per adult: \$59, per child (3-12): \$49. Bus pick-up on Rose Barracks at 03.00am, and Grafenwoehr: 03.30am

LINDERHOF CASTLE

Aug. 23

This lovely country castle is the only project that was completed before Ludwig's death. Visitors can tour the entire lovely castle, the artificial grotto, and also most of the pavilions throughout the park. Afterwards, see the scenic town of the Passion Play. Castle entrance fee is approximately 10 euro. Price per adult: \$ 49, per child (3-12): \$39, per child under 3: \$10. Bus pick-up on Rose Barracks at 4 a.m. and Grafenwoehr at 4:30 a.m.

HOLIDAY PARK

Aug. 29

Holiday Park offers a variety of rides and attractions. Rides include the New Expedition G-Force, Free Fall Tower and the water ride Donerfluss located near Mannheim. The park is a great destination for families or single soldiers. Entrance fees are not included: 23 euro per adult, 20 euro per child approx. Price per adult: \$49, per child(3-12): \$39, per child under 3: \$10. Bus pick-up on Rose Barracks at 4 a.m., and Grafenwoehr at 4:30 a.m.

OCTOBERFEST

Sep. 19, Sep. 26

This is a must see for anyone who has never been! This year, there are 14 main tents, some seating up to 10,000. You can reserve seats in a particular tent by contacting the company who owns it. You can get more information about this year's fest by visiting www.oktoberfest.de. Be prepared to use public transportation depending on where the bus can park. Price per adult \$39, per child (3-12): \$29, per child under 3: \$10. Bus pick-up on Rose Barracks at 6:30 a.m. and Grafenwoehr at 7 a.m.

Please contact Outdoor Recreation/ Information, Tours and Registration in the Grafenwoehr Field House at DSN:475-7402 or CIV: 09641-837402. On the Rose Barracks ODR at DSN: 476-2563 or CIV: 09662-832563. We can also organize private trips for you.



UPCOMING SPORTS EVENTS

INVITATIONAL SOCCER TOURNAMENT

July 11-12, 2009

Community-Level and local German Sports Club soccer team are welcome. For more information contact Mr. Tony Lee, Chief, Center of Excellence, Sports & Fitness, IMCOM-Europe Region, at 475-7576

UNIT-LEVEL SOFTBALL CHAMPIONSHIP

July 13-16, 2009

Grafenwoehr Sports complex. Top Teams from the Grafenwoehr and Vilseck Intramural league will compete at a chance to advance to the IMCOM-Europe championship. For more information, contact your local fitness center.

IMCOM-EUROPE FLAG FOOTBALL OFFICIALS CLINIC/TOURNAMENT

July 22-25, 2009

Schwetzingen, Germany. The clinic will culminate with a written test and a practical examination. The practical examination will consist of serving as one of the many officials. Teams interested in competing in this tournament can call Coach Benson @ DSN: 373-6460. Open to the first six teams. To become an official, register online at www.mwaonline.com. USAG Grafenwoehr will host a follow up clinic in Grafenwoehr **August 25-30 2009**. Stop by your local fitness center for more information.

FLAG FOOTBALL

Unit-Level League registration will take place **July 1-31, 2009**. Stop by the Grafenwoehr Physical Fitness Center or Rose Barracks Fitness Center to register. For more information contact the Graf PFC, 475-9024 or Vilseck RBFC, 476-2214.

VOLLEYBALL

Community-Level League registration will take place **August 1-31 2009**. Stop by the Grafenwoehr Physical Fitness Center or Rose Barracks Fitness Center to register. For more information contact the Graf PFC, DSN: 475-9024 or Vilseck RBFC, DSN: 476-2214.

WRESTLING

Community-Level registration will take place **August 1-31, 2009**. Stop by the Grafenwoehr Physical Fitness Center or Rose Barracks Fitness Center to register. For more information contact the Graf PFC, 475-9024 or Vilseck RBFC, 476-2214.

IMCOM-EUROPE VOLLEYBALL OFFICIALS CLINIC/TOURNAMENT

Aug. 12-15, 2009

Schwetzingen, Germany. The clinic will culminate with a written test and a practical examination. The practical examination will consist of serving as one of the many officials. Teams interested in competing in this tournament can call Coach Benson @ DSN: 373-6460. Open to the first six teams. To become an official, register online at www.mwaonline.com. USAG Grafenwoehr will host a follow up clinic in Grafenwoehr **September 1-4, 2009**. Stop by your local fitness center for more information.

UNIT LEVEL COMBAT CROSS COUNTRY CHAMPIONSHIPS

September 9, 2009

The racecourse distance is 5 – 8 kilometers. Team composition will have no less than five and no more than seven

Active Duty members. Teams must provide their own equipment which includes the following **required items**:

- M16-A1/2 Rifle or Dummy Rubber Rifle or M4
- Battle Dress Uniform
- Full Canteen or Camel Back (at the start of the event)
- Combat Boots
- First Aide Pouch
- Load Bearing Equipment (web gear with Pistol Belt) or LBV (Load Bearing Vest)
- Soft Cap
- 2 Empty Ammunition Pouches.

For more information contact the USAG Grafenwoehr Sports Office, at DSN 475-9024, or 476-2214.

IMCOM-EUROPE BODY BUILDING INVITATIONAL CHAMPIONSHIP

September 12, 2009

Wiesbaden, Germany. Competitors interested, should contact Mr. Tony Lee, Chief, Center of Excellence, Sports & Fitness, IMCOM-Europe Region, at 475-7576.

IMCOM-EUROPE WRESTLING CLINIC/TOURNAMENT

September 16-19, 2009

Schwetzingen, Germany. The clinic will culminate with a written test and a practical examination. The practical examination will consist of serving as one of the many officials. Wrestlers interested in competing in this tournament can call Coach Benson @ DSN: 373-6460. To become an official, register online at www.mwaonline.com. Wrestling

FUN RUN 3

September 19, 2009

Rose Barracks will host a 5 and 10 Km Fun Run. For more information contact the Vilseck sports office DSN:476-2214.

INVITATIONAL GOLF CHAMPIONSHIP

July 3, 2009

The USAG Grafenwoehr Invitational Golf Tournament will take place at the Schwanhof Golfplatz. This event is open to all U.S. ID cardholders 18 years & up. 18 hole format, 72 entries (18flights), scramble golf. Team rosters must be submitted to the USAG Grafenwoehr Sports & Recreation Division NLT **June 26, 2009**. (DSN FAX: 475-6519 or CIV FAX: 09641-6519). Green fees will be 40 Euro for Non-Members and 20 Euro for Members (Carts on request). Awards will be given to 1st, 2nd and 3rd place Individuals, first, second and third Place teams. Special awards for Longest Drive Hole and Closest to the Pin Hole will be announced at meeting prior to the start of the tournament. The next Golf tournament is scheduled to take place at Pottenstein Golf Course, **Oct. 9, 2009**. For more information contact Mr. Tony Lee, Chief, Center of Excellence, Sports & Fitness, IMCOM-Europe Region, at 475-7576

2009 USF-E TENNIS CHAMPIONSHIPS

July 17-19, 2009

The 2009 US Forces Europe Tennis Championship will take place at the Patrick Henry Village "Clay Court" Tennis Center in Heidelberg, Germany. In the event of inclement weather, competitions will be held on an indoor carpeted surface. For registration, Email Tennis Pro Adel Ismail at Adelcenter@t-online.de or Call Heidelberg DSN: 388-9037 or Cell: 0176-24568225. Garrison's are allowed to enter an unlimited number of players and

continued on next page

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must be from the same Garrison to compete as a team. Individuals must complete and submit an official team roster prior to the beginning of play. Registration should be submitted NLT 10 JUL 09. The championship is open to Active-duty Service Members (SM's), DOD civilian employees, family members of SM's and civilian employees, U.S. contractors eligible to use U.S. facilities, and members of NATO Forces may take part in individual sports championships.

All participants must be at least 18 years of age, a non-High School student and ineligible to participate in the Youth Sports Program. There will be a mandatory Coach's meeting and ID Card check at 0900 on 17 Jul 09 at the Patrick Henry Tennis Courts.

Divisions

- Singles Men's Open-Any Age
- Singles Women's Open-Any Age
- Singles Men Seniors-(Age 30-39)
- Singles Women Seniors-(+30-39) Singles
- Singles Men Masters-(Age +40)
- Singles Women Masters-(Age +40)
- Men's Doubles Open
- Women's Doubles Open
- Mixed Doubles Open

Awards will be presented to the 1st, 2nd and 3rd place teams and individual each division.

For more information contact Jim Mattingly, Army-Europe Sports Director (DSN: 370-7944), or Mr. Tony Lee, Chief, Center of Excellence, Sports & Fitness, IMCOM-Europe Region, at DSN: 475-7576

2009 IMCOM-EUROPE INTRAMURAL AND COMMUNITY-LEVEL SOFTBALL CHAMPIONSHIP

Aug. 6- Aug. 9, 2009

Once again, USAG Grafenwoehr is gearing up to host two major softball events, when the 2009 IMCOM-Europe Intramural Softball Championships will play at the Grafenwoehr sports complex. Each Garrison will send their top Unit-Level teams to compete and claim the title as the best Unit-Level team in Europe.

August 20-23, 2009

US Army Garrison's across Europe will be sending their community women and men's team to Grafenwoehr at a shot to win this year's Army Europe softball Championship. The top two men & women team from this championship will also earn a trip to Aviano, Italy, the following week, **August 27-30** to battle it out with the best two teams from the Air Force Europe command. For more information contact Jim Mattingly, Army-Europe Sports Director (DSN: 370-7944), or Mr. Tony Lee, Chief, Center of Excellence, Sports & Fitness, IMCOM-Europe Region, at DSN: 475-7576

IRONMAN 1000 LB CLUB CHALLENGE

Rose Barracks Fitness Center hosted the USAG Grafenwoehr Ironman 1000 LB Club Challenge on May 12, 2009. Three lifts of the squat, bench press and deadlift were offered with the highest lift per discipline counting toward the final total. The final total determined the winner in each discipline and the overall max weight lifter for the challenge. Trophies were awarded to the top three men in the tournament in each category as well as the best lifter for total max weight lifted.

The results of the 2009 Rose Barracks Fitness Center Ironman 1000 Club Challenge

Trophies were presented for the following:

1. Outstanding Bench - Chris Herman - 380 LBS
2. Outstanding Squat - Allen Clark - 525 LBS
3. Outstanding Deadlift - Allen Clark - 575 LBS
4. Max Weight Champion - Chris Herman - Total Max Weight: 1,460 LBS



		Bench	Squat	Deadlift	Max Weight
A. Giacomani	HHC 1-2 SCR	225	265	365	855
S. Worrell	A Co. 1-2 SCR	300	280	425	1,005
G. Hill	Tobyhanna Depot	255	370	425	1,050
U. McCormick	HHC 3-2 SCR	340	335	455	1,130
A. Clark	HHC 1-2 SCR	350	525	575	1,450
C. Herman	Forestry	380	520	560	1,460

LIBRARIES

SUMMER EVENTS

Sunshine, laughter, long days and warm evenings characterize the days of summer. Gone are the hyper scheduled days of school, sports practices and mountains of homework. With lazy days on the horizon, look to your USAG Grafenwoehr Libraries for fun and adventure.

SUMMERTIME SIZZLE

Grafenwoehr - July 14, 5 p.m. (sign up no later than July 12)

Rose Barracks - July 16, 1:30 p.m. (sign up no later than July 15)

Back for its second run, Girls on the Grill is a cooking class with sass! Bring your apron and your favorite cut of meat and we will discuss techniques and recipes for over the flame cooking as well as direct and indirect grilling methods with a pinch of smoke. The class will experience wet and dry rubs and veggies with a twist.

RETURN ENGAGEMENTS!

Rose Barracks - Sept. 12 (register no later than September 10)

Grafenwoehr - Sept. 26 (register no later than September 25)

The Car Boot Sale is back! If you miss those Saturday morning yard sales in the States, sign up to sell your extra treasures at the Grafenwoehr or Rose Barracks Library. Open to ID card holders only. An ideal source for gently used items, flea market enthusiasts can find a wide array of offerings from "that must have" 220 volt appliance to kids' clothing. If you're looking for bargains, the Car Boot Sale is the place for you!

THAT'S A WHAT?

Rose Barracks - Sept. 10 (register no later than Sept. 9)

Grafenwoehr - Sept. 22 (register no later than Sept. 21)

Struggling with teaching children table manners can make dinnertime a disaster! Ensuring they are knowledgeable on appropriate comportment in a restaurant can be even more daunting! Monster Manners, a table etiquette class for children from 6 to 10 years old will assist youngsters in understanding table settings, which utensil is used for what purpose and just where that napkin belongs! Class begins at **3:30 p.m.** and is limited to 10 youth per location.

PART ZWEI!

Sept. 12

Busting Down the Gates, a cross-cultural shopping program presented by Ms. Birgitt Newlands for Military Spouse Appreciation Day has spawned a sequel. ITR and Libraries will partner to present Busting Down the Gates, Part Zwei, a morning tour of epicurean and ingredient hotspots in the local area. The bus will depart the Rose Barracks Library at **8 a.m.** and the Grafenwoehr Library at **8:30 p.m.** Reserve your seat on the bus at your USAG Grafenwoehr ITR.

A SUMMER LONG HAPPENING TO CELEBRATE!

All around the globe, people of every nation mark happenings significant to their history and their heritage and 2009 is particularly a banner year for our Host Nation. For what began as a rumble, a challenge from a World Leader (Ronald Reagan, October 2007) soon turned into a roar. On the occasion of the 40th anniversary of the communist country, Mikhail Gorbachev admonished the East German President, Erich Honecker that *'life punishes those who delay'* and in October 1989, the Wall separating a country with a centuries long history crumbled. A nation divided

by war and split by ideology, The Federal Republic of Deutschland and the Deutsche Democratic Republic became one.

The USAG Grafenwoehr Libraries, endeavoring to help Community members become more culturally aware of our Host Nation's history, will offer a unique summer reading program. For children who are too young to remember, the circumstances of those who lived through the building and deconstruction of the Wall and the Cold War era are difficult to imagine. The Libraries will, in 5 programs and 2 tours acquaint young readers with this local history. Beginning **June 1** registration packets and reading logs will be available at each library. The Grafenwoehr Library will host its weekly program on Tuesday afternoons beginning **June 30** and the Rose Barracks' weekly activity will be on Wednesday mornings as of **July 1**. Tours will be offered in partnership with the USAG Grafenwoehr ITR on **July 7 & 28** Moedlareuth Museum is the first destination with a sign up deadline of **July 2**. Plauen and its Cold War history are on the itinerary for **July 28** with a last seat purchase date of **July 23**. Museum fees for each of the trips are separate and cost for the bus seats is \$25 for children and \$29 for adults. Departure times and locations will be included in the Summer Reading Program brochure. The final Summer Reading Extravaganza will be held at Dick Hauter Lake on **August 10**. The Libraries will provide free bus transportation and lunch along with fun and active events including Parent2Parent for children and parents. Join the staff of the Libraries and our Host Nation for this grand celebration.

USAG Grafenwoehr Libraries offer the following services:

- Worldwide Reference Service
- Internet Services
- Online Databases
- Story Time
- Ethnic Displays
- Reader's Advisory Service
- Interlibrary Loan
- Online Catalog
- Library Tours
- MWR Programs
- Net Library
- Book-Club-In-A-Box
- Free Paperback Books for the Troops
- Video Messenger
- Classroom Space with multimedia capability
- Computer Labs
- Public AKO CAC access

The internet address for the Library catalog

HEART AND HOME CRAFT SHOP EVENTS CALENDAR

JULY

Beginner's Quilt Class

July 1, 8, 15, 22, 29 and 5 August 9-11 a.m.

Age: Adult Fee: \$45 + Supplies

If you've ever wanted to learn to quilt – NOW's your chance!
Start from the very beginning with us and create your own quilt.

Tie Dye a T-Shirt Class

July 2 1.-4 p.m.

Age: 13 & Up Fee: \$25 + dye, must bring your own t-shirt

Have some great fun with tie dye. Create your own "One of a kind" T-shirt. Make it blue and red for the 4th of July!

Illusion necklace class

July 3 12:30-3:30 p.m.

Fee \$18 + Supplies

Laundry Room Sign

July 15 3-6 p.m.

Age: Adult Fee: \$20 + Supplies

Bring in a new pair of tube socks and make a cute door hanging for your laundry room.

Watch class

July 25 12-2 p.m.

\$25 + Supplies

AUGUST

Beginner's Quilt continues from July

August 5 9-11 a.m.

Bracelet Set class

August 7 12:30-3:30 p.m.

\$30+ Supplies

Flip-Flop Photo Frame

August 13 2-4 p.m.

Age: 10-14 Fee: \$15 + Supplies

Bring in a pair of flip-flops and create a fun photo frame.

Tie Dye Pillowcase Class

August 14 1.-4 p.m.

Age: 13 & Up Fee: \$25 +dye, must bring in 2 pillowcases

Have some great fun with tie dye. Create your own "One of a kind" pillowcases and pep-up that bed or sofa.

Surprise Class!

August 14 12:30-3:30 p.m.

Fee: \$18 + supplies

Earring class

August 22 12-2 p.m.

Fee: \$12.00 + Supplies

Bracelet Class

August 29 12-2 p.m.

Fee: \$18.00 + Supplies

SEPTEMBER

Beginner's Quilt Class

September 3, 10, 17, 24 and 1, 8, October 6-8 p.m.

Fee: \$45 + Supplies

Start from the very beginning with us and create your own quilt.

ID Bracelet

Sept. 4 12:30-2:30 p.m.

Fee: \$25 + Supplies

Tie Dye a T-Shirt Class

September 11 1.-4 p.m.

Age: 13 & Up Fee: \$25 + dye, customers must bring t-shirt

Have some great fun with tie dye.

Bracelet Set Class

Sept. 12 12-3 p.m.

Fee: \$30 + Supplies

Pendant Class

Sept. 24 12:30-2:30 p.m.

Fee: \$12 + Supplies

Support My Soldier Sign

September 16 3-6 p.m.

Fee: \$20 + Supplies, customer must bring a picture

Make a wooden sign for your entryway. Personalize it with a picture of your loved one.

Block of the Month Quilt

July 31st, August 28, and September 25

Last Friday of every month until the quilt is completed, 9-11 a.m.

Initial fee is \$25 plus \$5 for monthly blocks. Instructions and sign-up sheet at the Heart & Home craft shop.

ON-GOING CRAFT CLASSES

Hot Chocolate Club

You are invited to come in for crafting, and chocolate.

The club meets every last Wednesday of the month. On **July 29, August 26, and September 30** from **6-8:30 p.m.** Bring in your crafts (quilt project, knitting, crocheting, scrapbooking, etc).

The Frame Shop

Framing classes are held every month on the second Wednesday from **6-9 p.m.** and fourth Saturday from **9 a.m.-12 p.m.** Cost is \$35 + supplies. Bring in a 5x7 print. All classes must be signed for in advance.

Knit Wit Club

Join us once a week to knit or crochet.

Either Tuesday 5-7 p.m. Pay a onetime fee of \$5 to join the club. You must register in advance.

Located in Building 607 behind Burger King

Opening Hours:

<i>Tuesday & Friday</i>	<i>11 a.m.-5 p.m.</i>
<i>Wednesday & Thursday</i>	<i>11 a.m.-6 p.m.</i>
<i>Saturday</i>	<i>12-4 p.m.</i>

Closed Sunday, Monday, and US Holidays

**THE CRAFT
SHOP IS
OPEN. COME
THROUGH THE
BACK DOOR.**

LANGENBRUCK CENTER

Karaoke Nights

Every third Friday of the Month, 9 p.m.-1 a.m.

The Zone Sports Bar is filled with so many singers you'll think you're at Idol auditions. Songs range from adult contemporary to old school R&B and everything in between. Music by DJ - Mark Carr (MCM)

July 17
 August 14
 September 18



4th of July After Hours Party

The Zone Sports Bar
 Doors open at 9:00 p.m.
 Everyone 18 and over is welcome, plenty of music, entry is free and free snacks and with your 1st purchase you receive a free hot dog. See you there! Contact us at DSN: 476-2360

Advertise Here

Bavarian-American
 Quarterly Magazine

Quarterly Magazine Ad Deadlines

Oct-Nov-Dec
 5th Quarter
 Ads Due: August 15

Jan-Feb-Mar
 1st Quarter of 2010
 Ads Due: November 15

April-May-June
 2nd Quarter of 2010
 Ads Due: May 15

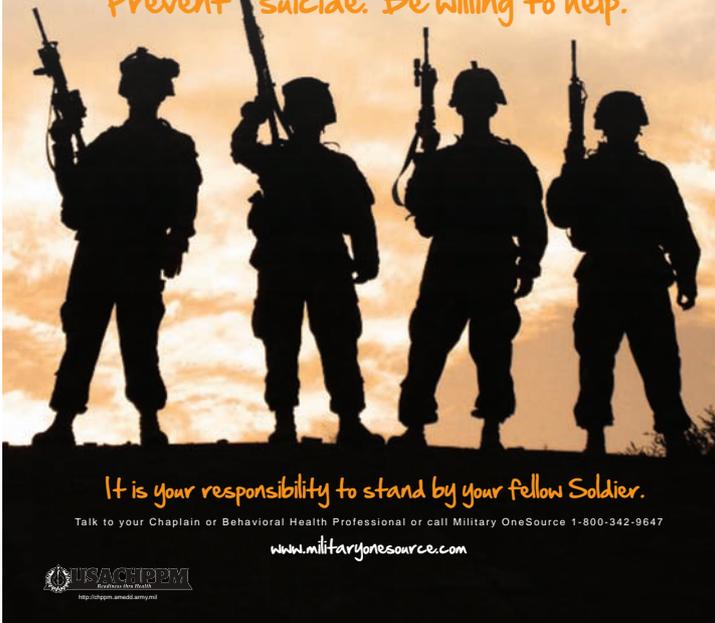
Contact Troy Mason at 09641-83-8656
 or
 email troy.mason@eur.army.mil



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Talk to your Chaplain or Behavioral Health Professional or call Military OneSource 1-800-342-9647

www.militaryonesource.com



GRAFENWOEHR BOWLING CENTER

SATURDAYS

7 p.m. Cosmic Bowling.

THURSDAYS

11 a.m. BCT Discount for Deploy soldiers and Family Members.

7 p.m. Red Pin Bowling, get a strike on a number one red pin receive a free game.

TOURNAMENTS

JULY 2009

July 4, 5 p.m. Independence Day Block Party

July 26, 11 a.m. Grafenwoehr Bowling Center King of the Hill

-This is a scratch event open to all bowlers

- Bowl 6 games, field cuts to 50%

- Bowl 2 more games, score carry over, top 5 bowl pro-style stepladder.

\$40 Entry

AUGUST 2009

August 23, 11 a.m. Grafenwoehr Bowling Center King of the Hill

See details from July

August 22-28 National Bowling Week BPAA Sponsored

SEPTEMBER 2009

September 12, 11 a.m. Scotch Doubles 3 game series, \$15 entry Fun and Prizes.

September 27, 11 a.m. Grafenwoehr Bowling Center King of the Hill Final \$1000.00 Payout

See details from July

PERFORMING ARTS CENTER

YOUNG EXPLORERS THEATER CAMP BEGINS

July 6, 9 a.m.

This 5-week camp for our young community members to be creative in various aspects of the theater. Children will help make their own costumes, apply make-up, paint the set, make props, dance, act and sing including warm-ups and theater games. At the end, children will be able to off their talents for the public in Disney's Aladdin, Jr. Camp runs Mon.-Thurs. from 9 a.m.-1 p.m. through **August 9**. Limited spaces. Deadline to register is Thursday, **July 2**. Registration fee \$200.

DINNER THEATER

July 17-18, 6:30 p.m.

Join us for Bruce and Tina's nuptials when anything and everything can go wrong. After the wedding, we'll hit the reception for dinner and dancing, if Bruce's mother doesn't succeed in changing his mind just as the Bridal March begins! Tickets on sale (M-Th) **June 15-19** and **July 1-10** from **11 a.m.-1 p.m.** \$20 per person, includes dinner and the show

DISNEY'S ALADDIN, JR.

August 7-9, See Times

The magical world of flying carpets and genies comes to life on the stage brought to you by the Young Explorers Theater Campers. Witness the magic these youngsters weave after 5 weeks learning about all things theater. Tickets at the door: \$5 all ages. Doors open 30 mins prior to show time. Showtimes: **Friday** at **7 p.m.** and **Saturday & Sunday** at **2pm.**

ONE ACT AUDITIONS

August 10-11, 6 p.m.

AND A CHILD SHALL LEAD: SCRIPT READING

Aug. 26, 6:30pm

Open reading of this drama by Michael Slade that tells the heroic and true story of children coming to age in Terezin, the "Jewish city" established by the Nazis near Prague away station before the death camps. Doors open at **6 p.m.** Free admission.

ANNIE AUDITIONS

Sept. 14-15, See Times

Plan on attending the auditions for this classic musical!

Young girls only: **4 p.m.** on both daysOpen auditions: **6:30 p.m.** on both days

Please be prepared to sing a short song. Readings will be provided at the time of audition. Callbacks announced at auditions will be held on Sept 17 at 6 p.m. by invitation only.

Show will perform in December

A CHRISTMAS CAROL AUDITIONS

Sept. 21-22, 6 p.m.

Show will perform in December. Call for more information.

AN EVENING OF ONE ACTS

Sept. 25-26 at 7 p.m. 27 at 2 p.m.

Contact us at DSN 475-6426 / CIV 09641-836426



WIN THE ULTIMATE RECORDING MUSIC EXPERIENCE!

Local Winners: Win \$500 cash & advance to the Televised Finals

2nd place: Win \$250 cash

3rd place: Win \$100 cash

Audience: come vote and win prizes too!
\$300 awarded locally to the most supportive Unit or FRG.

Grand prize experience includes all expense paid trip for two, vocal coach, professional arrangement, sound engineering, and your very own 3 song demo cd. **A once in a lifetime experience.**

Singers must be Active Duty, Reserve, National Guard or military family members 18 and older!

Sign up now!

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11 & 18 September 2009
Grafenwoehr Performing Arts Center

For more information call DSN 475-6426, Civ 09641-83-6426

Visit www.OpRisingStar.com
for participating locations and official rules.

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HOHENFELS THANKS **VOLUNTEERS** FOR MILLIONS OF DOLLARS IN SERVICE

Story by Kristin Bradley, Photos by Rachael Sosa

Throughout the year, volunteers are cited as the “backbone” of the Hohenfels community.

At the 2009 Volunteer Recognition Ceremony on April 22 at the Community Activities Center, leaders from throughout the region include Ms. Diane Devens, Director of Installation Management Command Europe; Brig. Gen. David Hogg, Commander of the 7th Army Joint Multinational Training Command in Grafenwoehr; Col. Nils “Chris” Sorenson, U.S. Army Garrison Grafenwoehr Commander; Col. Charles Preysler, Joint Multinational Readiness Center Commander and Lt. Col Gary Bloomberg, USAG Hohenfels Commander, gave thanks to all those who give and who have given their time to make Hohenfels a great place to live.

Lori Starnes, the former Hohenfels Army Volunteer Corps Program Coordinator, and the Hohenfels Army Community Service Team planned and executed a beautiful ceremony and reception to celebrate the 140,000 hours that registered volunteers contributed in 2008, Bloomberg pointed out this is the amount that is yearly equivalent of every employee in the Joint Multinational Readiness Center Headquarters building. One out of six people in Hohenfels volunteer at organizations throughout the post and saved the community more than \$2.7 million in 2008 alone.

“Volunteers are critical to what we do here,” Bloomberg said. “If you don’t believe me, take the time to go down to the SAS (School Age Services) field tonight and watch the expression on a child’s face as he/she rounds first base. Volunteers make that program possible, or go down to MPD (Military Personnel Division), and notice that the spouse that greets you is a volunteer, not a civilian employee. We owe our volunteers a debt of gratitude that we can never repay.”

Devens agreed the ceremony is only a small way for the garrison and IMCOM-E to show their appreciation. “Today is all about acknowledging people who volunteer and take action for their community. The Army’s appreciation is year-round, not just one day,” Devens said, noting that the 225 volunteers at the ceremony are just a fraction of those who serve in relative obscurity throughout the year.

“I tell people most of time that IMCOM-E can do anything you want us to do, but we can’t do it all. The things we are not able to do, volunteers step up and get it accomplished,” Devens remarked. “You enable us to deliver many critical programs the community relies on.”

Every volunteer at the ceremony was presented with a scroll of appreciation for their service.

Each organization nominated one youth and one adult for their organizational volunteer of the year.

Those donating 500 or more hours and 1000 or more hours of their time were recognized for their outstanding contributions. Six people were named USAG Hohenfels Installation Volunteers of the Year: John Mesch, Youth Volunteer of the Year; Ben Barker, Civilian Volunteer of the Year; Jarrod Gozy, Active Duty Soldier Volunteer of the Year; Brandy Evans, Family Member Volunteer of the Year; The Mesch Family, Volunteer Family of the Year; and Andreas Kirschenbauer, the first ever Host Nation Volunteer of the Year.



“So many really important and valuable volunteer hours are actually contributed by young Family members,” related Lori Starnes, Hohenfels Volunteer Army Corps Program Coordinator as Ambra Fryer receives a recognition certificate from previous USAG Hohenfels Commander Lt. Col. Gary Bloomberg during the Volunteer Recognition Ceremony.



USAG Hohenfels turned out in numbers to appreciate the great contributions of the community’s volunteers during the Annual Recognition Ceremony held in late April.



Previous USAG Hohenfels Commander Lt. Col. Gary Bloomberg presents a certificate of appreciation to Diane Devens, Installation Management Command-Europe Director after her keynote speech at the Volunteer Recognition Ceremony held in late April.

ACS CLASS SCHEDULE - JULY & AUGUST

7 Jul	AFTB Level Two Part 1	9 a.m.-2 p.m.	ACS, Bldg 10
8 Jul	Federal Resume Preparation	2 p.m.-3:30 p.m.	ACS, Bldg 10
9 Jul	AFTB Level Two Part 2	9 a.m.-2 p.m.	ACS, Bldg 10
10 Jul	Insurance: Can I Afford Not To?	10 a.m.-noon	ACS, Bldg 10
10 Jul	Little Troopers Playgroup	9 a.m.-11 a.m.	CDC Annex, Bldg 44
13 Jul	Banking 911	9 a.m.-11 a.m.	ACS, Bldg 10
13 Jul	Identifying and Reporting Child Abuse	1 p.m.-2:30 p.m.	ACS, Bldg 10
14 Jul	AFTB Level Two Part 3	9 a.m.-2 p.m.	ACS, Bldg 10
14 Jul	Volunteering is Fun! Orientation	2 p.m.-3 p.m.	ACS, Bldg 10
15 Jul	Credit & Budgeting	4 p.m.-6 p.m.	ACS, Bldg 10
16 Jul	AFTB Level Two Part 4	9 a.m.-2 p.m.	ACS, Bldg 10
20 Jul	Basic Conversational German	5 p.m.-7 p.m.	Ed. Ctr. Bldg 348, Rm 2
21 Jul	AFTB Instructor Training Part 1	8 a.m.-5 p.m.	ACS, Bldg 10
21 Jul	Breastfeeding Support Group	1 p.m.-2 p.m.	ACS, Bldg 10
21-24 Jul	Basic Conversational German	5 p.m.-7 p.m.	Ed. Ctr. Bldg 348, Rm 2
22 Jul	Career Self Assessment	2:30 p.m.-3:30 p.m.	ACS, Bldg 10
22 Jul	Federal Resume Preparation	3:30 p.m.-5 p.m.	ACS, Bldg 10
23 Jul	AFTB Instructor Training Part 2	8 a.m.-5 p.m.	ACS, Bldg 10
24 Jul	Little Troopers Playgroup	9 a.m.-11 a.m.	CDC Annex, Bldg 44
27-31 Jul	Hallo Hohenfels Newcomer's Orientation	8:30 a.m.-3:30 p.m.	ACS, Bldg 10

3 Aug	Identifying and Reporting Child Abuse	1 p.m.-2:30 p.m.	ACS, Bldg 10
4 Aug	AFTB Level Three Part 1	9 a.m.-2 p.m.	ACS, Bldg 10
4 Aug	Volunteering is Fun! Orientation	3 p.m.-4 p.m.	ACS, Bldg 10
5 Aug	AFTB Level Three Part 2	9 a.m.-2 p.m.	ACS, Bldg 10
5 Aug	Begin That Winning Resume	4 p.m.-5 p.m.	ACS, Bldg 10
6 Aug	AFTB Level Three Part 3	9 a.m.-2 p.m.	ACS, Bldg 10
7 Aug	Investing for Tomorrow	9 a.m.-11 a.m.	ACS, Bldg 10
10 Aug	Credit Reports 101	9 a.m.-11 a.m.	ACS, Bldg 10
12 Aug	Interviewing Skills & Dressing for Success	9 a.m.-10 a.m.	ACS, Bldg 10
12 Aug	Federal Resume Prep	10 a.m.-11:30 a.m.	ACS, Bldg 10
12 Aug	AFTB Level One Part 1	1 p.m.-5 p.m.	ACS, Bldg 10
13 Aug	AFTB Level One Part 2	1 p.m.-5 p.m.	ACS, Bldg 10
14 Aug	Little Troopers Playgroup	9 a.m.-11 a.m.	CDC Annex, Bldg 44
17-21 Aug	Hallo Hohenfels Newcomer's Orientation	8:30 a.m.-3:30 p.m.	ACS, Bldg 10
18 Aug	Breastfeeding Support Group	1 p.m.-2 p.m.	ACS, Bldg 10
19 Aug	So You Want to Buy a Home in the States?	5p.m.-7 pm.	ACS, Bldg 10
24-25 Aug	Basic Conversational German	10 a.m.-noon	Ed. Ctr. Bldg 348, Rm 2
26 Aug	Volunteering is Fun! Orientation	10:30 a.m.-11:30 a.m.	ACS, Bldg 10
26 Aug	Begin That Winning Resume	3 p.m.-4 p.m.	ACS, Bldg 10
26 Aug	Internet Job Search	4 p.m.-5 pm.	ACS, Bldg 10
26-28 Aug	Basic Conversational German	10 a.m.-noon	Ed. Ctr. Bldg 348, Rm 2
27 Aug	Money and Moving	9 a.m.-10 a.m.	ACS, Bldg 10
28 Aug	Little Troopers Playgroup	9 a.m.-11 a.m.	CDC Annex, Bldg 44

ACS CLASS SCHEDULE - SEPTEMBER

2-Sep	Federal Resume Prep	5 p.m.-6:30 p.m.	ACS, Bldg 10
9-Sep	Career Self Assessment	10 a.m.-11 a.m.	ACS, Bldg 10
9-Sep	Begin That Winning Resume	11 a.m.-noon	ACS, Bldg 10
11-Sep	Little Troopers Playgroup	9 a.m.-11 a.m.	CDC Annex, Bldg 44
14-Sep	Identifying and Reporting Child Abuse	1 p.m.-2:30 p.m.	ACS, Bldg 10
14-Sep	Banking 911	3 p.m.-5 p.m.	ACS, Bldg 10
15-Sep	Volunteering is Fun! Orientation	2 p.m.-3 p.m.	ACS, Bldg 10
15-Sep	Breast Feeding Support Group	1 p.m.-2 p.m.	ACS, Bldg 10
16-Sep	Federal Resume Prep	11 a.m.-12:30 p.m.	ACS, Bldg 10
16-Sep	Credit & Budgeting	3 p.m.-5 p.m.	ACS, Bldg 10
16-Sep	AFTB Level One Part 1A	5 p.m.-7 p.m.	ACS, Bldg 10
17-Sep	AFTB Level One Part 1B	5 p.m.-7 p.m.	ACS, Bldg 10
21-25 Sep	Hallo Hohenfels Newcomer's Orientation	8:30 a.m.-3:30 p.m.	ACS, Bldg 10
21-25 Sep	Basic Conversational German	5 p.m.-7 p.m.	Ed. Ctr. Bldg 348, Rm 2
23-Sep	AFTB Level One Part 2A	5 p.m.-7 p.m.	ACS, Bldg 10
24-Sep	AFTB Level One Part 2B	5 p.m.-7 p.m.	ACS, Bldg 10
25-Sep	Little Troopers Playgroup	9 a.m.-11 a.m.	CDC Annex, Bldg 44
28-Sep	Insurance: Can I Afford Not To?	9 a.m.-11 a.m.	ACS, Bldg 10
29-Sep	Volunteering is Fun! Orientation	2 p.m.-3 p.m.	ACS, Bldg 10
30-Sep	Interviewing Skills & Dressing for Success	11 a.m.-noon	ACS, Bldg 10

CARE TEAMS REALLY CARE

By Sandra Horton, Contractor, USAG Hohenfels ACS, Mobilization & Deployment Specialist

There is an outrageous number of acronyms used in the military, but here's one that really makes sense and allows you to assist when it matters most – CARE.

CAsualty REsponse Teams, better known as CARE Teams, are a special group of people that provide short term care and support when requested by a Family due to a casualty. A casualty is any person who has been declared beleaguered, captured, deceased, diseased, detained, injured, ill, interned, missing in action, or wounded.

A CARE Team is a group of 2-5 trained volunteers, usually from the same Battalion or Company as the Soldier, who agrees to support the Primary Next of Kin for a short period of time after a casualty has occurred. Designed as temporary transitional assistance, the length of CARE Team assistance depends on the needs of the PNOK and can range from 1 hour to a few weeks until the family's own support structure is in place. An essential element of the team is to never lose sight of the short-term goal to identify how you can best help the Family members.

The CARE Team program is not designed to replace any existing programs provided by the Army, but to work together with those programs already in place in the community.

THE ELEMENTS OF THE CARE TEAM:

The Go Team – A group of first responders that arrive after notification to the family has taken place.

The CARE Team Manager – Coordinate and take guidance from the Battalion/Company/Rear Detachment Commander and the Casualty Assistance Officer.

The Homecare Person/Team – Small group of two to three people. Only one person on this team will be allowed in the house at a time.

The Call Person – Screens calls and visitors according to instruction from the family.

The Childcare Person/Team – Designate one person as the overall coordinator. This will be the liaison between the Care Team Manager and those providing the child care.

The Meal Person/Team – Designate one person as the overall coordinator to serve as the Liaison between the Care Team Manager and those providing the meals.

The USAG Hohenfels Mobilization & Deployment Program offers CARE Team training to Family Readiness Groups, Organizations/Units and the community. If you are interested in training for your group and really care about assisting when it matters most, please call DSN 466-4860, CIV 09472-83-4860 or your local Army Community Service Center.

CARE Team information is available in the Operation READY (Resources for Educating About Deployment and You) Managing Deployment materials at www.myarmylifetoo.com.





Financial Success

Road to

by Rachael Sosa,
Financial Readiness Program Manager, USAG Hohenfels

The road to financial success can be found by simply avoiding poor spending, saving, or borrowing practices. In other words, it is not so much what you do to become financially successful, as it is what you do to avoid being financially unsuccessful. Here are some of the areas that people need to avoid to prevent being financially unsuccessful.

Failing to Plan. Your plan is your budget. It is not high tech, it is not fancy; however, a realistic, maintainable budget is irrefutably the most essential contributor to financial success. It is the concrete foundation that supports all your financial goals and aspirations. From next year's vacation, to that holiday cruise, or to your retirement home, without that foundation, everything else will fall apart.

If you do not already have a budget in place you need to establish one soon. You must remain realistic with your budget. Make sure that you are not confusing "wants" and "needs". We all have basic needs that require financial attention, but make sure the amount of money that is allocated to these needs does not cross the line of practicality. For example, if you need transportation, is buying a \$50,000 SUV meeting a need or are you indulging a want? You must honestly consider every purchase that you make. You have to ask yourself, "Do I really need this item or do I just want it?" Always refer to your budget to make sure that your purchases fit into your plan. Your budget is a working document. It is not set in stone and does need to be updated frequently especially when there are major life events taking place.

Not having an emergency fund. An emergency fund is your first line defense against life's mishaps. You need to have one. It will get you through those minor and major emergencies without having to incur any debt. Most financial planners recommend that 3 – 6 months of expenses be set aside in an emergency fund. Do you have an emergency fund? Start building your emergency fund now by making it a line item in your budget.

Making minimum monthly payments. Our love affair with credit cards has led many Americans to financial disaster.

Let's face it, we are in a recession. There are many problems associated with the misusing of plastic. The main problem is overspending. Other problems include late fees, over-the-limit fees, and increases in interest.

Not to mention the fact that all of those add up to more debt. Credit card debt is very expensive. Lenders do not lend you money out of the kindness of their hearts. They are in it for the money. Did you know that a \$1,000 debt with 18% interest will take you nearly 8 years to pay off if you only make the minimum monthly payment? Whatever you can add to the minimum monthly payment – DO IT! Even if it is just \$5 more per month.

Putting off planning and saving for retirement. There are very few get rich schemes that actually work so your chances of getting rich overnight are very slim. Waiting to start saving for retirement is not the answer. You will not be able to finance your retirement. The only way to fund your retirement is to start saving now. No more excuses.

The Thrift Savings Plan (TSP) is one of the easiest, most versatile, and least expensive retirement programs around. TSP is your employer sponsored retirement account. Everything is done by payroll deduction – so it is out of sight/out of mind money. You can start with a small percentage of your pay, but you can contribute up to \$16,500 per year – all tax deferred. There are five funds to choose from or the Lifecycle Funds that put your investments on autopilot.

You are responsible for your financial successes and your financial failures. You need to know how much money you have in your bank account(s). If you have credit cards, you need to know your credit card balances and know when your payments are due.

You should be aware of how much you are spending each month and how much you need to save for future wants and needs. Paying attention to these things will not guarantee financial success, but they will keep you from paying unnecessary penalties and they will help you to avoid being financially unsuccessful.

Contact your local Financial Readiness Program at Army Community Service to register for a class or to request one-on-one counseling to learn more about being financially successful.

CHILD DEVELOPMENT CENTER EARNS NATIONAL NAEYC ACCREDITATION

Program among the Top in the Nation by Earning NAEYC Accreditation

On May 1, 2009, the Child Development Center located in Hohenfels, Germany has earned accreditation from the National Association for the Education of Young Children (NAEYC) – the nation’s leading organization of early childhood professionals.

“We’re proud to have earned this elite mark of quality from NAEYC, and to be recognized for our commitment to reaching the highest professional standards in child care,” said Ms. Shea Giagnorio, Child Development Center Director. “NAEYC Accreditation lets families in our community know that children in our program are getting the best care and early learning experiences possible.” The NAEYC Accreditation system was created to set professional standards for early childhood education, and to help families identify high-quality preschools, child care centers and other early education programs.

To earn NAEYC Accreditation, the Hohenfels CDC went through an extensive Self-Study process, measuring the program and its services against the ten NAEYC Early Childhood Program Standards and more than 400 related Accreditation Criteria. The program received NAEYC Accreditation after a site visit by NAEYC Assessors to ensure that the program meets

each of the ten program standards. NAEYC-accredited programs are also subject to unannounced visits during their accreditation, which lasts for five years.

In the 23 years since NAEYC Accreditation was established, it has become a widely recognized sign of high-quality early childhood education. Almost 8,000 programs, serving one million young children, are currently accredited by NAEYC – approximately 8 percent of all preschools and other early childhood programs. “The NAEYC Accreditation system raises the bar for preschools, child care centers and other early childhood programs,” said Mark Ginsberg, Ph.D., executive director of NAEYC. Our CDC’s NAEYC Accreditation is a sign that they are a leader in a national effort to invest in high-quality early childhood education, and to help give all children a better start.”

The NAEYC Accreditation system has set voluntary professional standards for programs for young children since 1985. In September 2006, the Association revised program standards and criteria to introduce a new level of quality, accountability, and service for parents and children in child care programs. The new standards today reflect the latest research and best practices in early childhood education and development. NAEYC is committed to utilizing the newest studies and analysis on positive child outcomes to ensure young children continue receiving the highest-quality care and education possible.

“We’re proud to have earned this elite mark of quality from NAEYC, and to be recognized for our commitment to reaching the highest professional standards in child care,”

Ms. Shea Giagnorio
Child Development Center
Director

CLEOS/CENTRAL ENROLLMENT REGISTRY

Serving Keltenwall, Camp Nainhof, Grossbissendorf, Schmidmühlen & Surrounding Communities

The **CLEOS Office** is your first stop for registering for Child, Youth & School Services (CYS) Services childcare programs and youth services. We are conveniently located in In-processing Training Center.

Other services include:

- ~ Central Enrollment Registry (CER)
- ~ Deployment & Respite Services (AFC)
- ~ Parent Advisory Committee (PAC)
- ~ Youth Sports & SKIES Program Registrations
- ~ Babysitter Referral
- ~ Family Child Care (FCC) Referral
- ~ Resource & Referral
- ~ Kids’ Club

CYS Services Registrations are Free!

We are open to Serve You: Monday – Friday, 8 a.m. to 6 p.m.
In-processing Training Center (ITC) Bldg. 10a, Rm. 139

Contact us at DSN 466-2078/2080 or Civ. 09472-83-2078/2080.



CYS SERVICES SPECIAL OPENINGS

Hohenfels CYS Services alternates Special Openings each month between *Parents Night Out (PNO)* and *Super Saturday (SS)* services. PNO services are offered on Friday evenings from 6:30 p.m. to 10:30 p.m.. Whereas, SS services are offered Saturday's from 9:00 a.m. to 3:00 p.m.. These services provide parents an opportunity to catch a movie, dine out, shop or just enjoy downtime without the kids. PNO & SS services are available to CYS Services registered children aged 6 weeks old through 6th grade. Spouses of deployed Soldiers and DOD civilians with AFC Respite Care status may use their hours and receive services at no-cost, or pay the reduced (\$2) hourly care rate. The PNO/SS rates are as follows: CDC aged; \$16/\$24, and SAS aged; \$12/\$18, services include lunch or snacks as appropriate. Reserve your slot in advance by making payments or reservations at the CLEOS office (Bldg. 10a) or contact us at Civ 09472-83-2078/2080 for additional information.

The following special openings are as scheduled:

- PNO: July 24, September 18
- SS: August 22, October 17

Dates subject to change due to staffing or other programming requirements.



KIDS' CLUB

Hohenfels CYS Services Kids' Club is back at the Annex every 2nd & 4th Thursday with new hours. Join the club participants at the CYS Services Annex, Bldg. 44 from 8:30 a.m.-10:30 a.m. Kids' Club activities are free to registered CYS Services/Kids' Club participants.

Parent Education classes offered at the beginning of the session every 4th Thursday. For more information call the CLEOS office at DSN 466-2078/2080. Best of all...Kids Club is Fun, Informative & Free!

EMPLOYMENT OPPORTUNITIES WITH CYSS

Hohenfels CYS Services is searching for qualified individuals with an interest in community service & teaching children to become instructors on a contract basis. Income is negotiable and based on class enrollment.

FAMILY CHILD CARE PROGRAM

Army Family Child Care or FCC is a great alternative to center-based care. FCC Providers offer exceptional in-home experiences that center-based options just don't have. Children get one-on-one attention from one caregiver and build a special bond. FCC also provides mission-essential extended hours care for our Single and Dual Military families. We are always eager to introduce new FCC homes to the community.

If you would like to inquire about the amazing FCC Program the Hohenfels area has to offer, or if you are interested in becoming a part of our CYS Services team as a FCC provider, please contact FCC or Central Registration at DSN 466-4031/2078, or CIV 09472-83-4031/2078.

With

SKIES Unlimited
Schools of Knowledge, Inspiration, Exploration & Skills

the Sky's the Limit

Come share your talents with the wonderful children of this community. We are currently searching for qualified instructors to teach the following courses: piano, golf, martial arts, tennis, cooking/culinary arts, and tutoring. Contact Hohenfels CYS Services for additional information at Civ 09472-83-4031/2078.

Current SKIES Program Offerings:

- Pre-Ballet & Jazz Combo (Ages 4-5)
- Level 1 Beginner Ballet (Ages 5-7)
- Level 2/Intermediate Ballet (Ages 7-10)
- Level 3 & 4 Int/Adv. Ballet (Ages 10-18)
- Tiny Tumblers (Ages 4-5)
- Mommy & Me Creative Movement (Ages 2-3)
- Jazz I (Ages 7-10)
- Jazz II & III (Ages 10 & up)
- Martial Arts (Ages 6-18)
- Level I Gymnastics (Ages 5-8)
- Level 2, 3 & 4 Gymnastics (Ages 8 & up)

BABYSITTER REFERRAL SERVICES

Babysitters are Red Cross trained teens willing to provide childcare services during school-out days & weekends. Childcare services & rates are negotiable with provider, and include at home or in-quarters care.

- Referrals are available to anyone requiring babysitter services.



- Visit the CLEOS office for referral services, or contact us for additional information.

FALL SPORTS

- Tackle Football: *Ages; 8-9/9-11/12-14, Cost: \$84
- Flag Football: Ages; 6-8, Cost: \$36
- Start Smart Flag Football: Ages; 3-5, Cost: \$50
- Cheerleading: Ages; 7-10/11-14, Cost: \$36
- Soccer: Ages; 6-7/8-9/10-12/13-15, Costs: \$36
- Start Smart Soccer: Ages; 3-5, Costs: \$50
- Cross Country: Ages; 8-15, Costs: \$40
- Bowling League: ages; 7-16, Costs: \$40



Register now until August 14 at CLEOS, Bldg. 10a.

*Participants must be weighed at the YS&F office prior to registering! Bldg. 94, 1:00-4:00 p.m.

All participants must be CYS Services registered member and have a current Sports Physical valid throughout the season on file.



HOHENFELS

Holiday Bazaar

SEPTEMBER 10TH-12TH

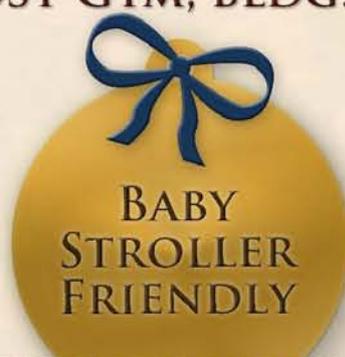
THURSDAY 10 A.M. - 6 P.M.

FRIDAY 10 A.M. - 7 P.M.

SATURDAY 10 A.M. - 6 P.M.

*Antiques, Wine, Cheese, Pottery, Rugs, Furniture,
Stained Glass, Food, Bavarian Beer & More!*

LOCATED IN THE
POST GYM, BLDG. 88

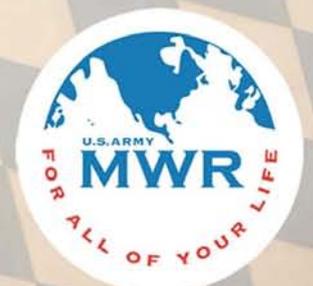


KID'S PLAYZONE WILL BE OPEN TO KEEP YOUR CHILDREN OCCUPIED WITH A VOLUNTEER SITTER COURTESY OF HCSC

FOR MORE INFORMATION, VISIT THE HCSC WEBSITE: WWW.HOHENFELSCSC.COM



*Unique Gift Ideas from
45+ Vendors*





SUMMER HAPPENINGS AT HOHENFELS SCHOOL-AGE SERVICES

The School-Age Services on Hohenfels utilizes multiple programs to build their curriculum, allowing them to offer a well rounded service to the base. Two of the core groups SAS pulls from are the 4 H Club and the Boys and Girls Club of America. Though there will be specific camps held during the summer, various On-going activities are available through SAS year-round.

The 4 H activities will be varied in order to offer something for every child. One of the long-term projects available is the gardening club, where the club members have built their own garden and are learning how to prepare the soil for seeds, planting, and caring for their plants as they emerge and mature. The nutrition camp, an on-going project, teaches the basic of a healthy diet, as well as allowing the members to put what they have learned into practice by cooking simple recipes.

From the Boys and Girls Club, SAS will be holding two-week camps during the summer months. They will spotlight various topics, such as science with the Space Camp, or sports, where the campers will be taught and allowed to participate in croquet, floor hockey, and football, to name a few. Other camps will use a combination of skills in fun challenges, as in the Fear Factor/Grossology camp where the children will use the chemistry, biology and other sciences.

Wrapping up the summer, children and their parents will be invited to a Family Camp Out held on SAS premises. In August, School-Age Service and AFEES have partnered up to put on a fashion show. Finally, the Rock-and-Roll Welcome Back Fest will get the school year started off on the right note.

YOUTH SPORTS & FITNESS SUMMER

Summer Mini Camps:

Week 2: June 29 - Jul 3 - Start Smart Golf (4-6 y/o), Street Hockey (7-11 y/o), Mountain Biking (12-18 y/o)

Week 3: July 6 - 10 - Start Smart Golf (4-6 y/o)

Week 4: July 13 - 17 - Start Smart Basketball (4-6 y/o), European Handball (7-11 y/o), Volleyball (12-18 y/o)

Week 5: July 20 - 25 - Start Smart Basketball (4-6 y/o)

Week 6: July 27 - 31 - Start Smart Basketball (4-6 y/o), Basketball (7-11 y/o)

Week 7: August 3- 7 - Dodge Ball (7-11 y/o), Golf (12-18 y/o)

Specialty Camps & Trips:

July 6 & 8 - Local Canoeing (7-18 y/o)

July 10 - Garmisch Hiking & Boating (7-18 y/o)

July 23-25 - Garmisch Outdoor Adventures (7-18 y/o)

July 27, 29 & 31 - Sand Boarding (12-18 y/o)

August 12 - 14 - Extreme Sports Ventures (7-18 y/o)

Register for Mini Camps and Trips at the CLEOS office in advance of each event. Costs vary on activity. Contact Youth Sports & Fitness at Civ 09472-83-2558/2479 for additional information.

ITR DAY TRIPS

Invitation!

Join us on our popular day trips ranging from culture & history to shopping & wellness. All the trips leave from the ODR Building, # H15, at various times related to the distances traveled.

Please remember, your reservation is NOT confirmed until payment is made. In that spirit, we operate on a first confirmed, first served basis.

July 8 & 22; August 5 & 19

AMBERG SPA

You deserve a day of relaxation and luxurious pampering? The Arevita Spa in Amberg is the right place. A very special package has been assembled especially for us including Standard Facial, Eyebrow and half-leg waxing or manicure or pedicure, Full Body Massage, Sauna, steam bath and "waterbed". A "Light Lunch" is included as well. Cost is \$110 and you need to register 5 days before the trip to select your treatments.

July 11

DRESDEN - WORLD HERITAGE

Visit the Green Vault's magnificent exhibitions and see one of Europe's most famous treasure chambers with royal collections. Gaze at the Zwinger's Rüstkammer – an impressive armory with a large collection of weaponry from the 15th to the 18th century. Don't miss the porcelain collection, being the biggest of its kind and the Old Masters Gallery in the Zwinger. You will also have the opportunity to make the 'Dresden Climb' up onto the balcony of the Frauenkirche for a breathtaking view. Cost is \$65 per person includes transportation. Seating is limited to 50 people.

July 18

VIENNA, AUSTRIA – SIGHTSEEING AND SHOPPING

A great chance to see one of the most famous cities in the world. We will visit many unique locations including one of the finest shopping areas anywhere; Mariahilfer Strasse and even venture out onto Karntner Strasse. Walk through the city with us in search of miniature replicas of the cathedral, handcrafted items such as glassware, crystal, and little porcelain figures or dolls in Austrian costumes. Clothing made and sold in this fashion-conscious city is very chic, and traditional woolen coats (Loden) are popular. Another Viennese specialty is petit-point hand embroidery, found on handbags, brooches and powder cases. The antiques shops and secondhand bookshops of the city center

are packed with pictures, paintings and books that are uniquely Viennese. Cost is \$65 per person and includes transportation. Seating is limited to 50 people.

July 25

BREWERY TOUR

Bavaria is the beer capital of the world. It is the home of beer-halls, beer-gardens, beer-cellars and the legendary Oktoberfest. You will have the opportunity to try all of the different types of beer available and you will also have the opportunity to try the best traditional Bavarian food in all its variety – Weisswurst, dumpling, roast pork and more. Don't eat before the tour! Cost is \$40 per person and price includes transportation and brewery tours at each of the stops. Seating is limited to the first 50 people.

August 1

WE'RE GOING TO LEGOLAND!

The newest park in the Legoland family. Many different areas with different rides and themes. This park is for the entire family with attractions for all ages. The price is for transportation only and does not include park entry. Adults \$35.00, per child (3-12) \$25.00. Seating is limited to the first 50 people.

August 8

CZECH CRYSTAL AND PRAGUE

This is normally a wholesale only outlet. They will open only for our group and offer wholesale and below wholesale prices on crystal items. Anything from wine glasses to crystal mugs and vases are available for purchase. After an exciting time at the outlet, we will then venture into Prague for sightseeing and shopping. Cost is \$55 per person. Price includes transportation to and from Czech. Passports are required. Seating is limited to the first 50 people.

August 15

LET'S VISIT THE POLISH POTTERY FACTORY

Venture with ITR across the border for some authentic Polish Pottery shopping.

Enjoy a nice, relaxing day seeing some of Poland's finest pottery. The remarkable quality and variety of the product is a great opportunity to do some early Christmas shopping. Price includes transportation to and from Poland. Passports are required. Seating is limited to the first 50 people.

August 22

BAMBERG

The UNESCO world cultural heritage town of Bamberg offers its visitor not only culinary specialties like Original Schlenkerla Smokebeer, but also a wide range of cultural highlights. Well known in Bamberg are the Cathedral (Dom) of emperor Heinrich II, the Alte Hofhaltung, the New Residence, the Old Town Hall in the water, the Bamberg Symphonic Orchestra and Little Venice. Further attractions include the international art house "Villa Concordia", the E.T.A. Hofmann theater, the Rose Garden, the "Obere Pfarre" (the 2nd cathedral of Bamberg), the castle "Altenburg" and the old hospital with city archive, and more. After an exciting day of touring and sightseeing, sit down and enjoy one of the best beers in Bavaria at the monastery. Price includes transportation to and from Bamberg. Seating is limited to the first 50 people.

August 29

MUNICH AND DACHAU

This all day trip starts at Dachau Concentration camp. The concentration camp tour can take between 2-3 hours with most of the tour in English, translating material offered if needed. We will then head to the Munich Altstadt for shopping and local sights. We round out the evening at the famous Hofbräuhaus for some good German Beer and food. This trip is \$45.00 per person. Seating is limited to the first 50 people.

For more information including time and location of bus departure and any other details, call ITR at DSN 466-2060 or CIV 09742-83-2060.

SIZZLING SUMMER PROGRAMS OFFERED AT THE HOHENFELS LIBRARY

Summer is fast approaching and the Library Staff at the Hohenfels Library is ready to cook up some hot and sizzling programs for your entire family this summer! Check out all the hot programs we will be offering for children, teens and adults.

FOR CHILDREN:

Join "Be Creative @ your Library!" this summer at the Hohenfels Library and discover the amazing world of art, music, painting and literature! Our Summer Reading program kicks-off June 17 and is open to children ages 5-12. We will then be meeting every Wednesday at 10:00 a.m. for children ages 5-8, and 12:00 p.m. for children ages 9-12. Each week we will have excited programs such as; I've Got Rhythm, Book Worms, Let's Get Crafty, Paint Away, and Beads, Beads, and More Beads!

FOR TEENS:

Teens join "Express Yourself @ your Library!" this summer at the Hohenfels Library! The Teen Summer Reading program starts on June 17 and is open to all teens ages 13-17. We will meet each Wednesday at 2:00 p.m. Each week will be filled with fun and exciting programs such as; Let's Rock On, Create an Altered Book or Journal, Make It & Take It, Espresso Self and Paint, and Beading Fun! The end of summer reading celebration will be held on July 24 with an awards ceremony, games, activities, face painting, food and fun!

FOR ADULTS:

Book Discussion

We will have lively book discussions every last Monday of each month at 5 p.m. Please call the library for book title information.

Be Creative @ your Library
 June to August 2009

Come sing silly songs, make neat crafts, and discover good books during the 5th annual joint Air Force and Army library Summer Reading Program.

Contact your local library to find out more!

For more information:
 Army Libraries: www.library.eur.army.mil
 Air Force Libraries: www.usafelibraries.org

For any information concerning these summer programs, please contact Angeliqe Simmons at CIV: 09472-83-1740 or DSN: 466-1740.

ARMY STRONG
ACE
 U.S. ARMY Suicide Intervention

SEPTEMBER IS SUICIDE PREVENTION MONTH

7th Annual BOSS Car Show and Sound Off

August 22, 2009

Grafenwoehr AAFES PX

Registration starts at 9 a.m. Judging begins at 12 p.m.





3rd Annual Star Wars Day at USAG Grafenwoehr



Darth Vader and the Storm Troopers visit with some Soldiers.

THE Faces OF MWR



Will you be one of the Faces of MWR?



On behalf of MSGT. Fred Moore--currently deployed, Michelle & Megan Moore accept a Special Recognition Award for Best Creation of a Performance Space.



Holly Matesick accepting her award for Best Supporting Actress for Drama in "Agnes of God" at the 2009 Topper Awards.

Fourth of July Word Scrambler

Put on your thinking caps and unscramble all the patriotic words below.

1. WESRIFOKR _____
2. RATS NEPLAGSD NANERB _____
3. GLAF _____
4. DRE, HIETW, DAN LUBE _____
5. REBACUBE _____
6. TOONTC DANYC _____
7. HACEB _____
8. SRARLEPSK _____
9. LUCEN MAS _____
10. CEPINEDENDNE YAD _____
11. REYILBT LEBL _____
12. BETAICERLON _____
13. DRAPAE _____
14. RTASS NAD PESRITS _____
15. DALN FO HET REFE _____
16. RIAAEMC THE FETBUAILU _____

ANSWERS:
1. FIREWORKS 2. STAR SPANGLED BANNER 3. FLAG 4. RED, WHITE AND BLUE
5. BARBECUE 6. COTTON CANDY 7. BEACH 8. SPARKLERS 9. UNCLE SAM
10. INDEPENDENCE DAY 11. LIBERTY BELL 12. CELEBRATION 13. PARADE
14. STARS AND STRIPES 15. LAND OF THE FREE 16. AMERICA THE BEAUTIFUL

MWR Contact Information

USAG GRAFENWOEHR

Army Community Service	
Grafenwoehr, Bldg. 244	475-8371
Rose Barracks, Bldg. 322	476-2650
Army Lodging/Billeting	
Grafenwoehr, Bldg. 209	475-1700
Rose Barracks, Bldg. 275	476-1700
Arts & Crafts	
Grafenwoehr, Bldg. 607	475-6101
Auto Skills Center	
Grafenwoehr, Bldg. 528	475-6239
Rose Barracks, Bldg. 711	476-2521
BOSS	
Grafenwoehr, Bldg. 500	475-8822
Bowling Centers	
Grafenwoehr, Bldg. 612	475-6177
Rose Barracks, Bldg. 2201	476-2576
Clubs & Entertainment	
Grafenwoehr, Bldg. 612	
Lane 25	475-8252
Rose Barracks, Bldg. 607	
Langenbruck Center	476-2360
The Zone Sports Bar	476-3733
Tumbleweeds	476-3699
Tower View Conference Center (Catering only)	
Grafenwoehr, Bldg. 612	475-6200
Library	
Grafenwoehr, Bldg. 445	475-1740
Rose Barracks, Bldg. 2222	476-1740
Child, Youth & School Services	
Grafenwoehr	
Central Registration, Bldg. 244	475-665
Child Dev. Center, Bldg. 260	475-7180

USAG GARMISCH

Army Community Service	440-3777
Army Lodging/Billeting	440-3308
Arts & Crafts	440-3475
Auto Skills Center	440-3580
Pete Burke Center	440-2638
Library	440-2467
Child & Youth Services	
Central Registration	440-2684
Child Dev. Center	440-2684
School Age Services	440-2654
MS/Teen Center	440-2600
Youth Sports	440-2599
Outdoor Recreation	440-2461
Tax Relief Office	440-3711
Coffee Baron	440-2384
Mueller Fitness Center	440-2747

CIVILIAN PREFIXES

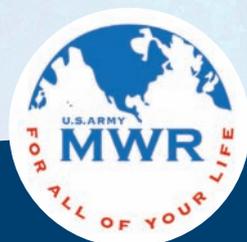
Garmisch 08821-750-xxxx
Grafenwoehr 09641-83-xxxx
Hohenfels 09472-83-xxxx
Rose Barracks 09662-83-xxxx

USAG GRAFENWOEHR

Child, Youth & School Services cont'd	
Rose Barracks	
Central Registration, Bldg. 224	476-2760
Child Dev. Center, Bldg. 2234	476-2651
School Age Services, Bldg. 2237	476-2556
Teen Center, Bldg. 1706	476-3144
CYS Sports, Bldg. 224	476-4037
Netzaberg	
Child Dev. Center, Bldg. 9010	475-9478
School Age Services, Bldg. 9010	475-9490
Teen Center, Bldg. 9080	475-9393
Information, Tickets & Reservations - ITR	
Grafenwoehr, Bldg. 547	475-7402
Rose Barracks, Bldg. 607	476-2563
Internet Cafe "Alternate Escapes"	
Grafenwoehr, Bldg. 612	475-6177
Rose Barracks, Bldg. 607	476-2360
NAF Civilian Personnel Office	
Grafenwoehr, Bldg. 244	475-6886
Outdoor Recreation	
Grafenwoehr, Bldg. 547	475-7402
Rose Barracks, Bldg. 2236	476-2563
Tax Relief Office	
Grafenwoehr, Bldg. 539	475-1780
Rose Barracks, Bldg. 227	476-1780
Special Events	
Grafenwoehr	475-6167
Sports	
Grafenwoehr, Bldg. 170	
Physical Fitness Center	475-9007
Rose Barracks	
RB Fitness Center, Bldg. 323	476-2214
Memorial Fitness Ctr., Bldg. 616	476-2270

USAG HOHENFELS

Army Community Service, Bldg. 10	466-4860
Army Lodging/Billeting, Bldg. 63	466-1700
Arts & Crafts, Bldg. 18	466-2538
Auto Skills Center, Bldg. 392A	466-2690
BOSS, Bldg. 321	466-4028
Bowling Center & Lane 17, Bldg. 14	466-4611
Community Activity Center, Bldg. 40	466-2840
Library, Bldg. 49	466-1740
Child & Youth Services	
Central Registration, Bldg. 10	466-2078
Child Dev. Center, Bldg. 111	466-4706
Family Child Care, Bldg. 10	466-3221
Hourly Care-CSC Annex, Bldg. 44	466-4041
School Age Services, Bldg. 112	466-2822
Teen Center, Bldg. 72	466-4492
Youth Sports, Bldg. 46	466-2488
Information, Tickets & Reservation	466-2670
NAF Civilian Personnel, Bldg 313	466-2771
Outdoor Recreation, Bldg H15	466-2060
Tax Relief Office, Bldg 40	466-1780
Special Events, Bldg 40	466-2340
Sports	
Olympia Fitness Center, Bldg 47	466-2726
Post Gym, Bldg 88	466-2883



July 31-August 2

52nd Annual, German-American



Volkstfest

Camp Kasserine, Grafenwoehr, Germany

Friday, July 31

11 a.m.
Opening Ceremonies
Family Day, reduced prices on rides
11 a.m. - 12:30 p.m. Traditional German Band, Beer Tent
11 a.m. - 7 p.m. DJ Variety Music, MWR Tent
2 - 4 p.m. Karaoke, MWR Tent
6 p.m. - 12 a.m. Traditional German Band, Beer Tent
8 p.m. - 12 a.m. Live Band Donny Vox, MWR Tent

Saturday, August 1

11 a.m. - 7 p.m. DJ Variety Music, MWR Tent
3 - 6 p.m. Karaoke, MWR Tent
12:30 - 5:30 p.m. Traditional German Band, Beer Tent
6:30 p.m. - 12 a.m. Traditional German Band, Beer Tent
7 p.m. - 12 a.m. Live Band Los Chicolores
Funk & Soul, MWR Tent

Sunday, August 2

11 a.m. - 7 p.m. DJ Variety Music, MWR Tent
2 - 5 p.m. Karaoke, MWR Tent
12 - 10 p.m. Traditional German Band, Beer Tent
6-9 p.m. Live Band Smokestack Lightnin
Rock`n Roll, Country Twang,
Rhythm Blues, MWR Tent
6:30 - 11 p.m. Traditional German Band, Beer Tent

**VARIETY OF DELICIOUS
FOOD, CARNIVAL RIDES
AND MUCH MORE!**

